



**FERRIS HILLS**

AT WEST LAKE

FERRIS HILLS & CLARK MEADOWS  
*Independent and Enriched Senior Living*

# ■ The Living is Easy ■

## FERRIS HILLS AT WEST LAKE

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### The Decision Was Easy Meet the Westcotts

Audrey and Phil Westcott moved into Ferris Hills at West Lake in December, and every day, it feels more and more like home. Settled into a roomy two-bedroom apartment with ample privacy, the Westcotts enjoy the familiar comforts of home at Ferris Hills. And they're happy with the new conveniences it provides: housekeeping,

prepared meals and concierge service from an attentive staff.

The longtime Seneca Falls residents carefully weighed whether to leave a house they had enjoyed for decades. But their reasons for joining Ferris Hills overcame any doubts. They wanted – and got – a maintenance-free lifestyle that lets them spend more time relaxing, staying fit and pursuing their interests.

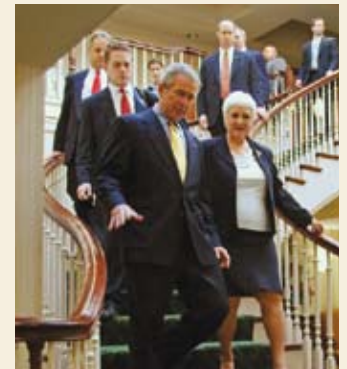
“This seemed like the perfect solution for us,” says Phil. “We were at the right time in our life to make the move and our children were all for it.”

“I’m amazed,” Audrey adds. “You have all this privacy, but when you want company, there are people around to visit with.”

Audrey likes the fact that there are plenty of opportunities to stay active. The couple took part in the Great Decisions lecture series at Ferris Hills; Audrey joins the tai chi and chair-based exercise classes to stay healthy.

The Westcotts praise the staff at Ferris Hills for making the transition to their new lifestyle easier; staff members helped them move in and set up their apartment the way they wanted, and continue to provide information and services as needed.

One sign the Westcotts truly feel at home: they recommended Ferris Hills to friends of theirs from Syracuse, who are on the waiting list to move in. Old friends, new friends, helpful and caring staff; these are things that make Ferris Hills a home. ■



### Greetings, Mr. President

How many people can say the president stopped by for coffee and a chat? Ferris Hills residents can. On March 14 President Bush (pictured here with Thompson Health President/CEO Linda Janczak) paid a visit while in Canandaigua to raise awareness of Medicare Part D. Seniors at Ferris Hills were happy to play host for the afternoon – and take part in a once-in-a-lifetime event. Thanks, President Bush. Come back anytime; our door is always open. ■

### Fine Dining at Ferris Hills



There are many words to describe Ferris Hills at West Lake: scenic, comfortable, energizing, fun – and, of course, delicious. Ferris Hills’ talented chefs make every meal memorable. What’s on the menu? Whatever residents want – including well-loved recipes they’ve brought from home.

Food Services Manager Debbie Metzger and the staff work closely with residents to tailor the menu to their liking. There’s no such thing as boring food here: gourmet fare, including lobster tail, prime

rib, sea bass and rack of lamb are regularly on the menu, as well as comfort foods like Country-Style Maple Glazed Pork Ribs (a recipe shared by resident Mrs. Eleanor Pugh so that all residents may enjoy it).

Debbie and the staff make great food; they also make food great fun. Once a week the chefs prepare a stir-fry, pasta dish or salad made to order in the dining room. Each month the dining staff presents a festive dinner tied to a holiday or seasonal event, preceded by a social hour with appetizers and cocktails.

An East Rochester native with a culinary degree, Debbie is well known locally for her skill in the kitchen. She was asked to cook for this year’s Alzheimer’s Association Silver Anniversary Gala and served her Cajun Crawfish Bisque to 300 people there.

“I’m really passionate about what I do,” Debbie says. “Cooking is something that I love.” She shares that passion with Ferris Hills residents and guests – and the results are, in a word, delicious. ■



Shirley Fingar,  
Senior Living Counselor

## Welcome

We hope you enjoy this issue of "The Living is Easy". As you can see, this is a place where wonderful things happen – everything from a popular summer concert series to a visit by the President! But it isn't just the "special" occasions that make Ferris Hills truly special. It's the warm, comfortable environment that residents enjoy every day of the year:

the scenic views, spacious apartments, attentive service and of course, delightful food. If you or someone you know is interested in independent retirement living, it's easy to get to know us. Please call me at (585) 393-0410 for lunch and a personal tour or visit [www.ferrishills.com](http://www.ferrishills.com) for a virtual tour. ■



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## Come Enjoy Sunset Serenades

Picture yourself lounging outdoors on a soft summer evening, with musicians serenading you and your loved ones as you gaze at a beautiful Canandaigua sunset. Impossible fantasy? Not at all. This mini-vacation is not only happening virtually in your own backyard, it's also free of charge. Ferris Hills at West Lake is proud to host Sunset Serenades, a popular annual concert series, once again this

summer. This year's season of beautiful music begins July 12 with the Canal Street Strutters performing swing and jazz music. Concerts are 7-8 p.m. each Wednesday thereafter, with the final concert on August 23. Free parking is provided. If you'd like to come, call (585) 393-0410 to RSVP for one or all of the Sunset Serenade Series. ■



Sunset Serenade Series is sponsored by Furniture Village, Liberty Travel, Canandaigua National Bank, NCS Pharmacy and James Broderick, MD.