

# Outpatient Services Guide

2023

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# Outpatient Services Guide

## Cardiac Rehabilitation

<b>Cardiac Rehabilitation Phase II –</b> Status Post CABG, MI, PTCA Stable CHF, PAD	(585) 396-6253	M, W: 7:30am - 6pm Tu, Th, F: 7:30am - 4pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Mended Hearts Support Group</b> Free	(585) 396-6253	Call for information	F.F. Thompson Hospital 350 Parrish St., Canandaigua

## Cardiology

<b>Transthoracic Echocardiogram</b> <b>Trans-Esophageal Echocardiogram</b> <b>Stress Echocardiogram</b> <b>Stress Test – Treadmill and Nuclear</b> <b>Holter Monitoring (24 &amp; 48 hrs)</b> <b>Tilt Table</b> <b>Event Recording –</b> Home arrhythmia monitoring	(585) 396-6433	M-F: 7:30am - 4pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
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## Community Fitness Program

<b>Medically Supervised</b> <b>Disease Management &amp; Prevention</b> Fee - Self Pay	(585) 396-6253	M, W: 7:30am - 6pm Tu, Th, F: 7:30am - 4pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
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## Gastroenterology

(585) 602-0280	M, Tu: 8am - 5pm	Marilyn Sands Outpatient Center 395 West Street, Door #20 Canandaigua
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## Imaging

<b>Bone Densitometry</b>	(585) 396-6651	M-F: 7:30am - 4pm	Breast Imaging Center 195 Parrish St., Suite 103 Canandaigua
<b>Computed Tomography (CT)</b>	(585) 396-6910 Fax (585) 396-6915	M-F: 7am - 7:30pm Sa: 7:30am - 1pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Interventional Radiology</b>	(585) 396-6701	M-F: 8am - 5pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Mammography</b>	(585) 396-6651	M-Th: 7:30am - 6pm F: 7:30am - 4pm 1st & 3rd Sa: 9am - 1pm	Breast Imaging Center 195 Parrish St., Suite 103 Canandaigua
<b>MRI</b>	(585) 396-6910 Fax (585) 396-6915	M-F: 6:30am - 8:30pm Sa & Sun: 7:00am - 4pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Nuclear Medicine</b>	(585) 396-6910 Fax (585) 396-6915	M-F: 8am - 4:30pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Ultrasound</b>	(585) 396-6910 Fax (585) 396-6915	M, W & Th: 7am - 5pm Tu: 7am - 7:15pm F: 7am - 4:15pm Sa: Call for appointment availability	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Ultrasound (Breast)</b>	(585) 396-6651	M-F: 8am - 4pm	Breast Imaging Center 195 Parrish St., Suite 103, Canandaigua
<b>Ultrasound (OB/GYN)</b>	(585) 396-6910 Fax (585) 396-6915	M-F: 8am - 3:30pm	Canandaigua Medical Group 335 Parrish Street, Canandaigua
<b>Ultrasound (OB/GYN)</b>	(315) 226-8913	M, W Th & F: 8am - 4pm	Thompson Health OB-GYN Geneva 765 Geneva Crossing Way Geneva
<b>Varicose Veins</b>	(585) 396-6701	Call for appointment availability	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>X-ray (walk-in &amp; by appt.)</b>	(585) 396-6910	M-F: 7am - 5:30pm Sa: 9am - 1pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>X-ray (walk-in)</b>	(315) 226-8903	M-F: 8am - 8pm Sa-Su: 9am - 5pm	UR Medicine Thompson Health Urgent Care 800 W. Miller Street, Unit 11 Newark
<b>X-ray (walk-in)</b>	(585) 924-1510	M-Tu: 9:30am - 8pm	Thompson Medical Center 1160 Corporate Drive Farmington
<b>X-ray (walk-in)</b>	(585) 978-8241	M-F: 8am - 8pm Sa-Su: 9am - 5pm	UR Medicine Thompson Health Urgent Care 699 S. Main Street, Suite 5 Canandaigua

# Outpatient Services Guide

## Infusion

<b>Intravenous Therapy</b>	(585) 978-8398	M-F: 8am - 4:30pm	Wilmot Infusion Center at Sands
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## Laboratory

<b>Home Draw Services</b>	(585) 396-6415	M-F: 7am - 3:30pm	
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<b>Client Services</b> (supplies, questions, testing requirements)	(585) 396-6540	24 hours a day	
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### F.F. Thompson Hospital lab draw stations are located at:

<b>F.F. Thompson Hospital*</b> (Open to all)	(585) 396-6540 fax (585) 396-6553	M-F: 7am - 5:30pm Sa: 7am - 11:30am	F.F. Thompson Hospital 350 Parrish St., Canandaigua
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<b>Canandaigua Medical Group*</b> (Open to all)	(585) 393-2810 fax (585) 396-1328	M-F: 7am - 5:30pm	Canandaigua Medical Group 335 Parrish Street Canandaigua
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Additional UR Medicine lab draw stations which are part of Strong Memorial Hospital are available in our area.



For hours or more information call (585) 758-0510, or go to: <https://www.urmc.rochester.edu/urm-labs/service-centers.aspx> or scan the code to take you directly to the locations page.

*Most other routine diagnostic and radiology tests may be done at F.F. Thompson Hospital. X-ray is also available at the Urgent Care locations. We can assist you in scheduling tests.*

\* Part of F.F. Thompson Hospital

## Nephrology

### Consultations

(585) 275-4517  
Specify need for  
Canandaigua location

Call for appointment

F.F. Thompson Hospital  
350 Parrish St., Canandaigua

## Nutrition Therapy

### Medical Nutrition Therapy (both individual and group)

(585) 396-6433  
Fax referral to:  
(585) 396-6915

F.F. Thompson Hospital  
350 Parrish St., Canandaigua

## Pain Management

(585) 602-7246  
FAX (315) 318-0014

Th: 1pm - 4pm

Marilyn Sands Outpatient Clinic  
395 West Street, Door #20  
Canandaigua

## Pharmacy

(585) 602-0300

M-F: 8am - 6pm  
Sat: 9am - 1pm

Canandaigua Medical Group  
335 Parrish Street  
Canandaigua

# Outpatient Services Guide

## Rehabilitation

<b>Aquatic Therapy</b> (including pre-hab prior to surgery)	(585) 396-6050	M: 7am -7pm Tu: 7am - 5:30pm W: 8am - 7pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Equacizer</b>	(585) 924-4449	M-F: 7am - 3:30pm	Thompson Medical Center 1160 Corporate Drive, Farmington
<b>Hand Therapy</b>	(585) 602-0075	M & W: 8am - 4:30pm Tu: 8am - 6:30pm Th: 7am - 3:30pm F: 9am-5:30pm	7670 Omnitech Place, Victor
<b>Hand Therapy</b>	(585) 396-6050	Th: 8am - 6:30pm F: 8am - 4:30pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Lymphedema Therapy</b>	(585) 396-6050	Call for details	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Occupational Therapy</b>	(585) 396-6050	Th: 8am - 6:30pm F: 8am - 4:30pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Occupational Therapy</b>	(585) 602-0075	M & W: 8am - 4:30pm Tu: 8am - 6:30pm Th: 7am - 3:30pm F: 9am-5:30pm	7670 Omnitech Place, Victor
<b>Women's Health</b>	(585) 396-6050	Call for details	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Physical Therapy</b>	(585) 396-6050	M-Th: 7am - 7pm F: 9am - 5:30pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Physical Therapy</b>	(585) 924-4449	M-F: 7am - 3:30pm	Thompson Medical Center 1160 Corporate Drive, Farmington
<b>Physical Therapy</b>	(585) 602-0075	M-Th: 7am - 7pm F: 9am - 5:30pm	7670 Omnitech Place, Victor
<b>Senior Fitness</b>	(585) 919-2649	Call for details	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Speech Pathology</b>	(585) 396-6050	Call for details	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>TMD Therapy</b>	(585) 396-6050	Call for details	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Vestibular Therapy</b>	(585) 396-6050	M-Th: 7am - 7pm F: 9am - 5:30pm	F.F. Thompson Hospital 350 Parrish St., Canandaigua
<b>Wound Care</b>	(585) 396-6050	Call for details	F.F. Thompson Hospital 350 Parrish St., Canandaigua

## Respiratory/Pulmonary

<b>Pulmonary Function Testing</b>	(585) 396-6433	M-F: 7am - 7pm	Marilyn Sands Outpatient Clinic 395 West Street, Door #20 Canandaigua
<b>UR Medicine Pulmonary Clinic</b>	(585) 275-4161	M-F: 7am - 5pm	Marilyn Sands Outpatient Clinic 395 West Street, Door #20 Canandaigua
<b>Pulmonary Disease Management Program (Exercise Education)</b> Fee - self pay	(585) 396-6277	M,W: 7:30am - 6pm T,TH,F: 7:30am - 4pm	F.F.Thompson Hospital 350 Parrish St., Canandaigua
<b>Better Breathers Support Group</b> Free	(585) 396-6277	Second Friday of each month, 3pm - 4:30pm	F.F.Thompson Hospital 350 Parrish St., Canandaigua

## Sleep Disorders

<b>Home Studies</b>	(585) 396-6483	Call to schedule	
<b>Sleep Clinic</b>	(585) 396-6483 Fax (585) 396-6027	M-F: 8am - 4:30pm Call for availability for overnight testing	Sleep Disorders Center 229 Parrish St. Canandaigua
<b>EEG</b>	(585) 396-6483	M-F: 8am - 4:30pm Call for availability for overnight testing	Sleep Disorders Center 229 Parrish St. Canandaigua
<b>Sleep Solutions Support Group</b> Free	(585) 396-6483	Second Wednesday of each month, 5:30 pm - 6:30 pm	Sleep Disorders Center 229 Parrish St. Canandaigua

## Urgent Care

<b>Urgent Care-Canandaigua</b>	(585) 978-8240	M-F: 8am - 8pm Sa-Su: 9am - 5pm	699 S. Main Street, Suite 5 Canandaigua
<b>Urgent Care-Farmington</b>	(585) 924-1510 FAX (585) 924-1589	M-F: 11am - 8pm Sa-Su: 9am - 5pm	Thompson Medical Center 1160 Corporate Drive, Farmington
<b>Urgent Care - Newark</b>	(315) 226-8900 FAX (315) 226-8930	M-F: 8am - 8pm Sa-Su: 9am - 5pm	800 W. Miller Street, Unit 11 Newark

For the most up-to-date information,  
an electronic copy of this guide can be accessed on  
Thompson's intranet, under the Medical Staff section.

**For changes to the guide contact:** Nancy Church at (585) 396-6375

