



Information for patients of FF Thompson Birthing Center

- We are taking every possible measure to ensure your health and safety when you visit us. That is our #1 priority. **Our hospital is absolutely a safe place to receive care.**
- We are following all guidance issued by the Centers for Disease Control and Prevention (CDC) and Department of Health (DOH) related to personal protective equipment, sanitizing of work areas, universal masking, and social distancing.
- We are also working closely with Ontario County's Department of Health. They have fully endorsed our plans and the protective measures we have in place.
- If you are in labor, or have a concern related to your pregnancy, please call our nurses' station desk at 585-396-6260 before you come to the hospital. When you arrive at the hospital during regular business hours a Thompson Health Associate will screen you and send you up to the Birthing Center.
- If it is after regular business hours, the lobby door will be locked. DO NOT come through the Emergency Room entrance. Call 585-396-6260, and someone from the Birthing Center will come and let you into the lobby.
- Everyone who enters our building – staff and patients alike – will have their temperature taken, answer COVID-19 screening questions, and be given a mask as soon as they enter.
- We **are** currently doing non-stress tests. We ask that you come to this visit alone, and if your support person is with you they should wait in the car.
- If you are in labor, or being induced, you will have a nasal swab done at the hospital to test for COVID-19. If you are having a scheduled cesarean delivery, your swab will be done when you have your pre-operative blood work.

- If you have your own mask it's okay to bring it. Please wear it into the building.
- You are allowed to have one support person with you during your labor and throughout the post-partum period until discharge. Your support person **MUST** remain with you continually and cannot leave your room without you at any time.

****Please note – this includes leaving to smoke. If someone smokes, it is recommended that they bring nicotine replacement****

- You and your support person should wear their mask any time there are hospital staff in your room. You can leave your mask off during active labor if it is too uncomfortable.
- You may employ a credentialed doula as part of your health care team, per Governor Cuomo's Executive Order. They must be a credentialed Birth Doula. If you have a cesarean delivery, your doula may not go into the operating room. They may not stay with you after delivery, unless they hold a credential as a Postpartum Doula.
- Your support person will order meals from the room service menu like you do, at no charge. If you or your support person would like a snack from the kitchen, please ask a staff member to get it for you. We have bagels, cream cheese, peanut butter and jelly, graham crackers and saltines, cheddar cheese, granola bars, ginger ale, juices, ice cream, popsicles, and jello. Coffee and hot water are also available.
- During your hospital stay, we recommend utilizing technology to keep in touch with other family/friends during this special time. We are happy to work with you should you not have access to such devices. We will return to regular visiting practices as soon as it's deemed safe to do so.
- If your COVID-19 test is positive:
 - You will need to wear a mask.
 - Your baby will remain in your room at all times and should be at least six feet away from your bed.
 - If you are coughing, your baby will be placed in an isolette for additional protection.
- If you test COVID-19 positive and you are breastfeeding:
 - You can express or pump and your support person can feed your expressed or pumped milk to your baby.
 - If you choose to breastfeed, please always wear a mask, and clean your hands before handling your baby.
- We greatly appreciate your understanding and cooperation during this time!