



F.F. Thompson Hospital Practices
Gastroenterology
Jeffrey A. Goldstein, MD
350 Parrish Street
Canandaigua, NY 14424
(585) 602-0280

First Name Last Name
DOB:

Scheduled Date of Colonoscopy: ***

Please Report to:

FF Thompson Hospital
Ambulatory Procedures Center
350 Parrish Street
Enter via "The Thompson Way" off "West Street"
Look for Door 15 at the Constellation Center for Health & Healing

Patient Arrival Time: ***
Scheduled Procedure Time: ***

Please plan on **90 minutes** for the procedure, including recovery time.
You will need to arrange to have a responsible person stay in the waiting area during your procedure.
It is a **requirement** that reliable transportation is arranged following your procedure. Please inform office staff if you need assistance making transportation arrangements.

Leading Up To Your Procedure:

Items You Will Need:

- GoLytely Bowel Prep Kit
Allow your pharmacy enough time to ensure that they have it in stock

7 DAYS PRIOR:

Hold all aspirin or aspirin products.
Hold all anti-inflammatory medications including Ibuprofen (Motrin), Advil, Aleve, Meloxicam, Midol, Naprosyn, Felden, Nuprin, Celebrex and Mobic.
It is **acceptable** to use Tylenol (acetaminophen) products.

3 DAYS PRIOR:

Stop the consumption of any fruits and vegetables.
It is **acceptable** to consume meats, eggs, fish, pasta (with or without tomato sauce), rice and potatoes.

The Day Prior to Your Procedure:

You may take your regular medications with the exception of any previously mentioned. Begin a clear liquid diet from the time you wake up and continue during the entire day.

Examples of Clear Liquids:

Sprite, Ginger Ale, Colas, coffee without cream, tea, flavored water, tap water, lemonade *without pulp*.