

F.F. Thompson Hospital Practices Gastroenterology Jeffrey A. Goldstein, MD 350 Parrish Street Canandaigua, NY 14424 (585) 602-0280

First Name Last Name DOB:

Scheduled Date of Colonoscopy: \*\*\*

Please Report to:
FF Thompson Hospital
Ambulatory Procedures Center
350 Parrish Street

Enter via "The Thompson Way" off "West Street"

Look for Door 15 at the Constellation Center for Health & Healing

Patient Arrival Time: (Procedure T-45min)

Scheduled Procedure Time: \*\*\*

Please plan on **90 minutes** for the procedure, including recovery time. You will need to arrange to have a responsible person stay in the waiting area during your procedure. It is a **requirement** that reliable transportation is arranged following your procedure. Please inform office staff if you need assistance making transportation arrangements.

# Leading Up To Your Procedure:

### Items You Will Need:

☐ MoviPrep Bowel Prep Kit

Allow your pharmacy enough time to ensure that they have it in stock.

### 7 DAYS PRIOR:

Hold all aspirin or aspirin products.

**Hold** all anti-inflammatory medications including Ibuprofen (Motrin), Advil, Aleve, Meloxicam, Midol, Naprosyn, Felden, Nuprin, Celebrex and Mobic. It is **acceptable** to use Tylenol (acetaminophen) products.

#### 3 DAYS PRIOR:

Stop the consumption of fruits and vegetables.

It is **acceptable** to consume meats, eggs, fish, pasta (with or without tomato sauce), rice and potatoes.

## THE DAY PRIOR:

You may take your regular medications with the exception of those already mentioned. Begin a clear liquid diet from the time you wake up and continue during the entire day.

## **Examples of Clear Liquids:**

Sprite, Ginger Ale, Colas, coffee without cream, tea, flavored water, tap water, lemonade without pulp.