



# UR | THOMPSON

MEDICINE | HEALTH

## F.F. Thompson Hospital Practices

### Gastroenterology

**Jeffrey A. Goldstein, MD**

350 Parrish Street

Canandaigua, NY 14424

(585) 602-0280

First Name Last Name

DOB:

Scheduled Date of Colonoscopy: \*\*\*

#### Please Report to:

**FF Thompson Hospital**

**Ambulatory Procedures Center**

**350 Parrish Street**

*Enter via "The Thompson Way" off "West Street"*

*Look for Door 15 at the Constellation Center for Health & Healing*

**Patient Arrival Time:** (Procedure T-45min)

**Scheduled Procedure Time:** \*\*\*

Please plan on **90 minutes** for the procedure, including recovery time.

You will need to arrange to have a responsible person stay in the waiting area during your procedure.

It is a **requirement** that reliable transportation is arranged following your procedure.

*Please inform office staff if you need assistance making transportation arrangements.*

### Leading Up To Your Procedure:

#### Items You Will Need:

- SUPREP Bowel Prep Kit

*Allow your pharmacy enough time to ensure that they have it in stock.*

#### **7 DAYS PRIOR:**

**Hold** all aspirin or aspirin products.

**Hold** all anti-inflammatory medications including Ibuprofen (Motrin), Advil, Aleve, Meloxicam, Midol, Naprosyn, Felden, Nuprin, Celebrex and Mobic.

It is **acceptable** to use Tylenol (acetaminophen) products.

#### **3 DAYS PRIOR:**

**Stop** the consumption of fruits and vegetables.

It is **acceptable** to consume meats, eggs, fish, pasta (with or without tomato sauce), rice and potatoes.

#### **THE DAY PRIOR:**

You may take your regular medications with the exception of those already mentioned. Begin a clear liquid diet from the time you wake up and continue during the entire day.

#### **Examples of Clear Liquids:**

Sprite, Ginger Ale, Colas, coffee without cream, tea, flavored water, tap water, lemonade *without pulp*.