F.F. THOMPSON FOUNDATION Report on Giving 2014



OUR MISSION

The F.F. Thompson Foundation, Inc., a notfor-profit organization, is committed to achieving philanthropic support for the services and priority needs of the system's affiliated taxexempt corporations and to overseeing the management of restricted and unrestricted funds of the foundation.

OUR YEAR IN REVIEW

REVENUE SOURCES

\$ 58,513	Increase in Fair Market Value of
	Charitable Remainder Trusts
\$ 86,646	Planned Giving
\$ 704,823	Grants
\$ 844,392*	Investment Interest and Dividends
\$ 1,447,765	Cash Contributions and Pledges
\$ 3,142,139	Total

CHARITABLE ASSETS

\$ 388,406	Clark Fund
\$ 923,177	Ewing Fund
\$ 1,086,335	Sands Cancer Center Endowment
\$ 3,064,874	Memorial Fund
\$ 6,400,636	F.F. Thompson Foundation Endowment
\$ 11.863.42.8	Total

FUNDS RAISED BY TYPE OF FUNDRAISING ACTIVITY

\$ 61,482	Memorial and Special Gifts
\$ 86,646	Planned Gifts
\$ 92,934	Annual Fund
\$ 176,199	Special Event Proceeds
\$ 300,000	Major Gifts
\$ 704,823	Grants
\$ 817,150**	Capital Campaign

5 2,239,234 Total

* There were realized and unrealized losses of \$330,469 in 2014 ** Includes matching gift challenge pledges

ON THE COVER

Jane A. Wade, profiled on page 5, is honoring her husband's memory and benefitting the community she holds dear to her heart by supporting Thompson Hea<u>l</u>th.



(From left) Dale L. Hunt, Thomas Kubiak, Michael F. Stapleton, Jr., FACHE and Lauren M. Dixon.

The inspiring personal stories we share with you in this report are each incredibly unique. As you will find, there are so many ways in which to support UR Medicine's Thompson Health, and so many reasons to do so.

Whether it's gratitude for the exceptional care given to a loved one, a commitment to community, or a desire to ensure access to the latest advancements in healthcare technology, each story has a driving force spurring it on.

And although they are indeed unique, each story highlighted here has something in common: No matter how the men and women featured in this report have shown their support for Thompson, each of them can be secure in the knowledge that 100 percent of their gift will stay right here, within our own health system.

After all, the 2012 affiliation with UR Medicine has resulted in many exciting developments for Thompson, such as the addition of a number of specialties, and yet it was crafted in such a way that Thompson maintains a great deal of autonomy, and a great deal of responsibility for its own destiny.

Just as it has since it was founded more than a century ago by a benefactress whose compassion and vision are legendary, Thompson Health must still raise its own funds, manage its own debt and support its own growth. This is why we rely - as much as ever - on the generosity of those who believe in the value of a hometown health system offering a personal touch and a genuine devotion to the wellbeing of those it serves.

In this life, each of us has unique talents, ideas and gifts to give. We are honored that the families and individuals celebrated through the stories contained in these pages have chosen to share theirs with Thompson.

Our sincere hope is that in the coming year – and in years to come – you will do so as well, writing Thompson into the story of your life and celebrating the incredible things we can accomplish, together.

Michael F. Stapleton, Jr., FACHE President/CEO Thompson Health

Dale L. Hunt

Dale L. Hunt Vice Chairman/Treasurer, Board of Directors F.F. Thompson Foundation, Inc.

Thomas Kubiak Chairman, Board of Directors F.F. Thompson Foundation, Inc.

Lauren M. Dixon Secretary, Board of Directors F.F. Thompson Foundation, Inc.

CATALYST FOR HOPE



The Sands family and Constellation Brands have been a driving philanthropic force for many of Thompson Health's most ambitious initiatives, and this spirit of charitable giving leads directly back to Marvin and Marilyn Sands and the children they raised.

The Sands family's charitable legacy started with Marvin, and when it came to community development, his first commitment was always to Thompson, where he served as president and chairman of the board for 30 years. "Marvin really started the philanthropic aspect of what we do," son Rob explained. "His steadfast support of Thompson made a tremendous impact on me and my brother Richard. He shared his passion for Thompson with us and taught us how philanthropy impacts our community."

Since Marvin's passing in 1999, both Constellation Brands and the Sands family have continued the legacy of generosity by making lead gifts in 2002 to expand emergency, diagnostic, ambulatory and rehabilitation services and again in 2009 to build the Constellation Center for Health and Healing.

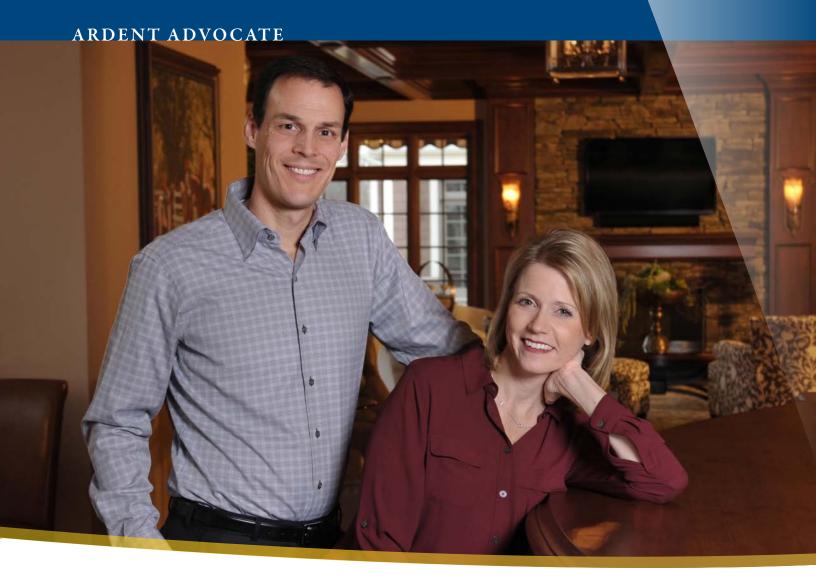
With a matching gift of up to \$375,000, the new Breast Imaging Center is the latest beneficiary of their generosity. The center will be named for Dr. Laurie Sands, and will provide patients with access to cutting-edge services like 3-D breast imaging to detect cancer early, same-day test results to eliminate the emotional strain of waiting days for the outcome of a service, and a Breast Health Patient Navigation Team to provide personalized managed care throughout treatment.

The oldest child of Marvin and Marilyn, Dr. Sands was a noted internist and mother of two wonderful children, Abby and Zach. She died of ovarian cancer in 1995 at the age of 47.

"Laurie found her calling in medicine, and became a very successful internist," said her brother Richard, who described his older sister as "tiny, brilliant and fiercely independent. In many different ways, Laurie made a profound impact on our family and everyone who knew her, including the medical community of the greater Rochester area and the Finger Lakes region."

As an ardent patient advocate, Dr. Sands would no doubt be proud of her family's generous support of a breast imaging center which promises to bring the highest level of care, technology and service to everyone in the region.

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"I feel a great sense of pride being part of something so revolutionary for our region." Twenty years ago, Todd and Laura Cook were focused on starting a new business in the basement of their Williamsville, NY home. Their goal was to be independent business owners and take great pride in contributing jobs to the community.

As their business grew, they relocated to Victor, where they found a pool of talented labor. They invested in a large design and manufacturing facility to support a comprehensive line of vibration sensors, cabling and switch signal devices. Todd and Laura fell in love with the local landscape and the people within it, and have been a part of the community now for the past 13 years. They juggle the demands of a growing business and growing children yet still find time to make their community a priority in their lives.

After learning about the proposed Breast Imaging Center at an information session hosted by Mike Schwabl and Lauren Dixon, the Cooks knew the 3D Digital Tomosynthesis technology would be vital to detecting cancers early.

"I feel a great sense of pride being part of something so revolutionary for our region," said Laura. "I look forward to showing my children how our family helped others have hope and access to high-quality health care. I want to teach them to care about the whole – and those around us.

"By making our gift a matching gift challenge, we wanted to encourage others to join us in supporting this wonderful cause. Being a catalyst for something that will touch so many lives makes me feel great!"

ONE FAMILY'S GRATITUDE

Paul and Patty Hudson's very special relationship with Thompson Health runs deep and has its roots in a bygone era when F.F. Thompson Hospital was on North Main Street in Canandaigua. That's where two of their five daughters were born, as was Paul.

Sixteen grandchildren later, the Hudsons are among Thompson's strongest supporters.

"Thompson has been there every step of the way for us, from saving newborns to caring for our aging loved ones," said Paul, the retired CEO and owner of Roberts Communications Inc., one of upstate New York's oldest and largest advertising/marketing agencies. "In this life, you need to support what you care about. You reward excellence, and you invest in what you will inevitably need for yourself and your loved ones."

The Hudsons have been Thompson donors since 1989 and have supported several capital campaigns including the new Breast Imaging Center. The Hudson Garden at the M.M. Ewing Continuing Care Center was established by the family to honor Harry and Pearl Hudson, Paul's grandparents.

Paul, who has served on Thompson's Board of "In this life, you need to support what you care about. You reward excellence, and you invest in what you will inevitably need for yourself and your loved ones."

Directors since 1999 and currently is the vice chairman, appreciates the health system's past and looks forward to its future.

"Thompson was superb even before it aligned with UR Medicine," he said. "Now we are on the way to being unbeatable – poised to become the leading community health system in the state."

On a personal level, it's already the best, Patty says.

"Two of our grandchildren were born with serious breathing difficulties and needed fast, emergency transfers," she said. "Thompson and the doctors and nurses were all over it. They were exemplary."

"Great local health care is not a given. We can't take it for granted," added Paul. "Our Long Island son-in-law was amazed at the short time it took our grandson to be seen and cared for in Thompson's Emergency Department when he needed stitches. Those are the kinds of things we sometimes tend to take for granted."

GIVING THANKS BY GIVING BACK



"Thompson is convenient, accessible and a treasure in our community. It offers a smalltown, personal approach to care – and the level of expertise is superb." Jane A. Wade believes the greatest gift she can give to the community that supported her and her family is to give back .

The Wade family owned Wade's Market Center in Farmington for more than four decades.

John Wade, Jane's late husband, was born and raised in Canandaigua and she is a native of the Manchester/ Shortsville area. Together, they had two children, Susan and Christopher, and were later blessed with three grandchildren. As John and Jane's family grew, so did their store.

Located at the corner of Route 96 and Mertensia Road, Wade's started out as a small "mom and pop" operation with only one checkout. Through the years, it became a full-service grocery store offering a bank, pharmacy and a host of convenient services to its customers.

Although Wade's was sold in 2013, Jane still has a strong desire to support the community that has been so good to her. By making a five-year pledge to Thompson Health – to be used wherever the need is greatest – Jane is honoring her husband's memory, as well as benefitting the community she holds dear to her heart.

"For over 40 years, our customers and employees were just like family to us," explains Jane. "Owning Wade's gave us the opportunity to develop close relationships with the people who shopped there. We cared about them and our dedicated employees deeply."

Jane feels Thompson shares her values, adding, "They treat people like family, not just a number. Thompson is convenient, accessible and a treasure in our community. It offers a small-town, personal approach to care, and the level of expertise is superb."

Asked what she would say to others who may be considering a donation to Thompson, Jane emphatically replies, "Do it! Supporting the community you live in – and love – is the greatest gift you can give."

GEORGE EASTMAN CIRCLE



As the first to designate Thompson Health as a beneficiary of their gift to the George Eastman Circle, Brian and Kelly Meath have a compelling and simple motivation – their son is alive, healthy and thriving.

The timing of his arrival couldn't have been worse. It was 3 a.m., just as the epic ice storm of March 1991 began to wreak havoc throughout the region, and he was 12 weeks premature.

Thank goodness for the Meaths, Thompson Hospital was only 2 miles away.

"They were great. They did everything they could to prevent delivery, and once they got her stabilized, the doctors at Thompson recommended Kelly go to Strong Memorial Hospital right away," said Brian, now the vice president/ associate general counsel for Constellation Brands.

It was a harrowing transport performed heroically by the Canandaigua Emergency Squad.

"Fallen trees, telephone lines, electric lines and poles were blocking roads everywhere and all roads were closed except for emergency vehicles," recalled Brian, who followed the ambulance to Strong.

"The doctors and nurses at Strong were amazing," added Kelly. "They managed to prevent delivery for another four days."

Kyle Meath spent the first seven weeks of his life in the neonatal intensive care unit at Golisano Children's Hospital.

"Today, he's a fine young man, 24 years old, lives in Canandaigua and serves on the Ontario ARC Board of Directors," Kelly said. "We're forever grateful to the doctors and nurses at Thompson Hospital and Golisano Children's Hospital for the exceptional care during that difficult time."

The Meaths have shown their appreciation over the years with philanthropy and civic involvement. A former member of the Thompson Foundation Board, Brian currently serves as board secretary on the Thompson Health Board of Directors and is a member of the boards for Happiness House/Finger Lakes Cerebral Palsy and the United Way of Ontario County. Kelly serves on the Wood Library Board of Directors.

The Meaths are also members of the George Eastman Circle at the University of Rochester, committing to a five-year gift allocated equally among Thompson, Golisano and the Simon Business School. They view their gifts as sound investments and take heart in knowing the funds received by Thompson through the George Eastman Circle are unrestricted, to be used however they are needed most.

"We are blessed to have a healthcare facility of this caliber in our community," said Kelly, an adjunct instructor at Finger Lakes Community College. "Its legacy of highquality services has been made possible by past donations of time and money by many, and if we want to continue these services and keep pace with developing medical therapies and technologies, it will require additional philanthropy well into the future."

RECOGNIZING EXCEPTIONAL CARE

"The continuum of care within UR Medicine's Thompson Health is designed to meet a senior's needs at every age, and every stage." Robert J. Haggerty, MD, one of the nation's top pediatricians before his retirement in 1992, has been affiliated with some of the finest medical facilities in the world – Boston Children's Hospital and its teaching affiliate of Harvard Medical School, St. Mary's Hospital in London, Strong Memorial Hospital and the University of Rochester School of Medicine and Dentistry.

Now a resident at Thompson Health's independent living community of Ferris Hills at West Lake, Dr. Haggerty ranks Thompson right up there with the best of them, thanks to its affiliation with UR Medicine.

"I've worked with some very fine institutions - some of the best in world – and the fact that Thompson Health is part of one of them puts it on a par with the top hospitals in the United States, if not the world," said Dr. Haggerty, who became internationally known through his work in academe, national and international organizations, public policy forums and foundation management. "The affiliation with UR Medicine is part of the strength of Thompson Health and it makes people confident that they are getting the best care possible."

Dr. Haggerty and his wife, Muriel, were major Thompson donors for many years before Muriel passed away in May of 2014. Dr. Haggerty continues his generosity in memory of Muriel, who was an obstetrics nurse and worked for the Visiting Nurse Association of Greater Rochester.

"We owe much to the Sands Cancer Center," said Dr. Haggerty, "The level of care was exceptional and we were only minutes away from home. Instead of spending a full day up at Strong we'd be done in an hour at Thompson. Time is a valuable commodity."

Dr. Haggerty is similarly impressed with Thompson's senior living services.

"The continuum of care is designed to meet a senior's needs at every age, and every stage," he said. "And having the full spectrum of care and the sequence-of-aging facilities right in our geographic area is an integration of services rarely seen at community hospitals."

GENERATIONS OF GIVING

As residents of Canandaigua for many years, Sandy and John Ford have been longtime supporters of Thompson Health, contributing to several capital campaigns, including the recent breast imaging center initiative.

The couple's already high regard for the health system grew, however, after Sandy's mother Helen Fudo, then 88, moved to the community in 2010.

As Helen underwent a series of surgeries and experienced a serious bout with pneumonia, Sandy and John witnessed Thompson professionals consistently treat Helen with such warmth and respect that they always felt confident she was in good hands.

"The personalized attention from the staff – especially on the orthopaedic wing – exemplified how close-knit a community Thompson is," said John, a former owner of CIG Insurance in Canandaigua. "Nurses and aides remembered her from each stay and made her feel welcome. She always felt appreciated as a patient, whether it was for a simple blood draw, ER visit or inpatient stay."

Sandy agreed, noting the care was thankfully far better than the care her late father, Nick Fudo, received from large hospitals out west during his illness a few years earlier. "Our experiences at Thompson were significantly more intimate and satisfactory," she said. "They took very good care of her."

Prior to Helen's passing, she asked John and Sandy for advice on selecting beneficiaries for the charitable remainder trust she and Nick had established as part of their long-term financial planning.

"Dad was inclined to give smaller amounts to several different organizations. Mom thought it more effective to give more substantial gifts to two or three charities that touched our family personally and where the funds could be put to use locally," Sandy said. "Both schools of thought make sense, but in the end, Mom prevailed and Thompson



Nick and Helen Fudo

Health was a natural choice because of the many services they provided her."

Just as Thompson has a legacy of caring, Nick and Helen Fudo left a legacy of giving. Indeed, Sandy describes Thompson as "one of the charities near and dear to us. Our family is grateful for the professional care and convenience of having Thompson in our community."

John and Sandy Ford are grateful for the care Sandy's mother, Helen Fudo, received from Thompson Health.



The Thompson Gala "cash call" is a unique event during which gala attendees make spontaneous cash donations to help acquire a hospital wish list item. This year's cash call raised an incredible \$12,000 to purchase a much-needed infant warmer for The Birthing Center.

Thompson's Director of Obstetrics, Deborah Jones, set the stage for the cash call with a dramatic description of how the new Panda Infant Warmer would help the most vulnerable newborns. The sellout crowd of more than 300 Thompson supporters listened intently as Deborah explained that about 10 percent of newborns require some assistance in making the transition after delivery.

"When these babies are born, we become their life support," she said, asking those in the crowd to imagine being an OB nurse caring for a baby called Vivian, born six weeks premature.

"Vivian does not breathe and requires manual ventilation. As you resuscitate, you move her quickly into the nursery. You put her on the scale because we need an accurate weight to dose her antibiotics. This takes precious seconds and exposes her to the cold.

"Once she is on the warmer, the doctor inserts a breathing tube and ventilation continues. The portable x-ray machine arrives and you have to lift Vivian off the mattress to put the x-ray cassette under her, making sure you don't dislodge the breathing tube.

"The respiratory therapist has to rearrange the air and oxygen tubing to prevent the baby from receiving too much oxygen," Deborah continued. "You're standing under the heating unit, trying to start an IV in a hand the size of your thumb while sweat is dripping down your neck and the heater alarm is blaring because you can't silence it without stopping the procedure.

"Here's the same scenario with the Panda," she said. "Vivian comes to the nursery and is weighed right on the warmer, which has a built-in scale. The therapist regulates the oxygen concentration with a simple turn of a dial. The x-ray cassette slides into a drawer under the mattress so you don't need to move Vivian for her chest x-ray. And the radiant heater directs warmth to the mattress, not the top of your head. The heater alarm sounds, and you swipe your hand in front of a sensor to temporarily silence it without interrupting your care."

As soon as Deborah finished her story, the cash calls rang out – "\$100!" "\$200!" "\$500!" Within a few short minutes, \$12,000 had been raised – and that's in addition to the \$50,000 the gala raised for the new Breast Imaging Center.

"The generosity shown by our supporters at the gala was simply astounding," said Deborah. "The new Panda is already paying dividends in The Birthing Center, and I want our donors to know what a huge difference they have made in the lives of these at-risk newborns."

Registered nurses like Deborah Jones, left, and Alexandra Coggi say a new Panda Infant Warmer helps the most vulnerable newborns.

ENHANCING THE WORK FORCE



The Thompson Health Guild's nearly 200 members dedicate countless hours of their time and talents to raise funds and provide support for Thompson Health. Over the last 25 years, the Guild has donated more than \$2.5 million through its various fundraisers.

The Guild helps fund the purchase of new equipment throughout the health system, supports expansion and renovation projects and sponsors programs benefitting patients and residents. In 1999, members established a Nurse Education Fund, which has grown into a general education fund to benefit both clinical and non-clinical associates.

"While Thompson offers a generous tuition reimbursement benefit for associates enrolled in degree programs, departments have a limited budget for conferences, certificate programs and topic-specific training. We rely heavily on the Guild's funding to help when staff is pursuing that level of education," said Jennifer DeVault, vice president of Associate Services.

Bob Locke, Thompson's former director of Pharmacy and now a member of the Guild's Board of Directors, took advantage of the Education Fund several times and says it paid huge dividends for his department when he shared his new-found knowledge with his co-workers and implemented new policies.

"The Guild Education Fund was a valuable resource for many years," Bob said. "I actually benefitted from it on a number occasions, and, in my opinion, the benefit is maximized if the person receiving the education is required to share it with "It's important that associates have access to advanced training and by providing education funding, the Guild helps keep Thompson's workforce among the best – and the brightest!"

team members and modifies practice standards as a result of the experience."

Chris Dailey, Thompson's current director of Pharmacy, recently utilized the Education Fund to attend a conference on infectious disease pharmacotherapy, learning new ways to monitor antibiotic usage and maximize safety. "Without the Guild's support, I wouldn't have been able to attend this great educational conference with experts from all over the world," Chris said. "Thanks to the Guild's generosity, I was able to bring back up-to-the-minute strategies and share them with the entire pharmacy team."

Said Guild President Taryn Windheim, "It's important that associates have access to advanced training and by providing education funding, the Guild helps keep Thompson's workforce among the best – and the brightest!"

Bob Locke, far left, and Taryn Windheim, far right, of the Thompson Health Guild, are confident the Nurse Education Fund benefits associates like pharmacists Alexandra Fuller and Chris Dailey.

A GIVING AND CARING SPIRIT

In January 2009, Jean Seager's mother, Flora Fisher, was admitted to the M.M. Ewing Continuing Care Center, ultimately spending more than three years as a resident.

"During this time I visited my mother several times a week and got to know many of the staff, caregivers and residents," said Jean, who was born in the original F.F. Thompson Hospital on North Main Street. "As time went on, I knew I wanted to support the Thompson Health Foundation and the Continuing Care Center to thank everyone for the care my mother received."

Every year, in memory

of her mother, Jean makes a financial contribution to the Continuing Care Center.

"My mother passed her giving and caring spirit on to me so that I can share it with others," she said.

But simply writing a check isn't enough for Jean, a graduate of Naples Central School and a Xerox retiree.

"In April of 2012, I signed up to volunteer at the Continuing Care Center, specifically in recreation therapy," she said. "Since that time I have looked forward to volunteering and sometimes wonder who gets the most out of my efforts – the residents or me? It really gives me a good feeling to be able to provide the support that I do."

Jean assists at ceramics class and runs a weekly "Convenience Cart" where residents gather in the lobby for some camaraderie and laughter as they buy snacks and sundries.

"And, of course, I cannot forget about my volunteering at the wonderful annual holiday dinners, bazaars and other fun activities for the residents and their families," said Jean. "They are special times for everyone. And every day I volunteer is a special day for me." "My mother passed her giving and caring spirit on to me so that I can share it with others."

Jean Seager, a volunteer at the M.M. Ewing Continuing Care Center, honors her mother's memory by helping others. The late Eugene McKenney was a Depression-era orphan who overcame incredible odds to lead an extraordinary life. When he passed away on Feb. 15, 2014 at the age of 86, he was a multimillionaire, but he never forgot the people – or the institutions – that helped him succeed in life.

One of those institutions was F.F. Thompson Hospital, where, in the 1940s, Gene found familial love and a level of success that would alter his Capra-esque life forever.

Gene was born in 1927, and for reasons unknown, given up to the care of Father Baker's Orphanage in Lackawanna, NY.

Gene was never adopted. When he turned 16, he was sent to the Newark State School, a collection of brick buildings that housed, among others, those who were too old for orphanages but too young to be left alone in the world. At age 18 he made his way to Canandaigua, and "The Chosen Spot" wrapped its arms around him.

Gene landed his first job at Thompson as an orderly – the lowest paying job in the facility – and lived in a room located just above the hospital's laundry room. Although lacking a formal education, he was a quick study with an uncanny ability to make friends.

As a hard-working orderly, he befriended Dr. Collins "Connie" Carpenter and Dr. Bill Weeden, within two years working his way up from laundry duty to the operating room, where he became a highly-valued surgical technician. And then he met Ed Hanley and his life took another incredible turn – as did Ed's.

"I was a patient when I met him," said Ed, now an attorney, a Thompson benefactor and a former member of the Thompson Health Ethics Committee. "I had surgery and he would stop by to see how I was doing. I introduced him to my parents and when they learned he had no family they took him into our home, which was a real turning point in his life. He finally had the love of a family.

"I was an only child and Gene was like a brother to me," Ed said. "Best of all, he introduced me to Ann Cleveland, a student nurse at Thompson whom I married 60 years ago. Together we have six children who always considered Gene their uncle."

After a few years with the Hanley family, Gene was drafted into the Korean War, served two years, and then returned to Canandaigua. He obtained a job with Eastman Kodak Co. and transferred to the film giant's offices in California, where he worked as a Kodacolor technician. He never married.

Ed says his lifelong friend was a shrewd investor, and the Hanley family was not surprised to learn of his generous donation in support of Thompson's Sugical Care Center.

"It's typical of Gene to remember his years with Thompson Hospital and make such a generous gift," said Ed. "He never forgot his roots in Canandaigua. He visited often. He was very loyal to his friends and grateful for his life and he truly appreciated whatever assistance he was given along the way." Mr. and Mrs.

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<image>

Kim and Janet Tenreiro have a special connection to Thompson Health.

Creative Contributions

As the owners of The Medicine Shoppe in Canandaigua, Kim and Janet Tenreiro developed close business and personal relationships with nearby Thompson Health and, in retirement, have remained enthusiastic benefactors of the health system.

They're also creative with their giving. The couple donated use of their timeshare property for the Thompson Gala's silent auction, and, in December, Kim put on a one-man performance of "A Christmas Carol" to raise money for Thompson's Breast Health Patient Navigation Program.

"Kim has been performing 'A Christmas Carol' for the past six years in the Canandaigua area," said Janet, an ATHENA Award recipient and active Rotarian. "After seeing Patrick Stewart perform it on Broadway in 1991, we bought the CD and made it a Thanksgiving tradition to listen to it on the way to visit family. Every time we listened to it, Kim would say 'I could do that.' So he finally spent six months memorizing it and began with a performance at Wood Library."

Now, six years later, with a few props, a costume and a supportive spouse, he donates every performance to whichever charity is hosting him.

Kim and Janet appreciate the importance of having quality health care close to home, but their special connection to Thompson stems from a trip many years ago with Janet's parents, and family friend, Dr. Nancy Brown, Thompson's chief of anesthesiology.

"We were all in New York City for a play opening when my father had a health incident and ended up in a hospital," Janet said. "Thank goodness Nancy was with us. She acted as his advocate at the hospital and then drove my mom and dad home all the way back to Utica because my folks had taken the train and we had flown!"

"Thompson is full of great people like Nancy," added Kim. "It's reassuring to know that we have a quality health facility with such a highlytrained and dedicated staff so readily accessible."



"Little Anne AED Training System" will help associates save lives according to (from left) Julie Snyder, Randy Farnsworth and Jennifer DeVault.

A Partnership with Heart

Part of Julie Snyder's role as the American Heart Association Training Center coordinator at Thompson Health is to keep equipment up-todate. With technological advances happening so quickly, this can be a daunting - and expensive - mission.

Thanks to local car dealer and staunch Thompson supporter Randy Farnsworth, as well as the National Automobile Dealers Association (NADA), Julie's job was made a little bit easier when a NADA grant provided the training center with a "Little Anne AED Training System."

"Saving lives while spreading good will is what this program is all about, and I was honored to help out," said Randy.

The training system includes a Little Anne mannequin and an AED trainer. It will see use in many of the training center's classes, including Basic Life Support for Thompson Health associates and Advanced Cardiac Life Support for the hospital team that responds when a code is called.

"We train about 450 Thompson associates a year and several of our instructors train in the community as well, so this will definitely help update our current lineup of AED training systems," said Julie, a licensed practical nurse who took over as training coordinator in January of 2014. "I offer my deepest gratitude to Randy and the NADA for such a life-saving gift."

Jennifer DeVault, Thompson Health Vice President of Associate Services and Wellness, offered her appreciation as well.

"Obtaining state-of-the-art equipment through grants is never an easy task, and I commend Julie, Randy and the National Automobile Dealers Association for their efforts," she said. "As Julie noted, the American Heart Association trains hundreds of Thompson associates each year so this will pay big dividends down the road."

Breast Imaging Center

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Veterinary Hospital

Carole and Rob Lillis hosted a fundraising reception in December.

Creative Support

Carole Lillis is a breast cancer survivor with a message for patients at Thompson Health's new Breast Imaging Center: You're in good hands.

"What I came to understand about Thompson is that it's 100 percent all the way, no matter what," said Carole, the director of Academic Success and an assistant professor of English at Keuka College who was diagnosed in 2010. "You don't feel as though you're a number. You feel like you are in the best possible hands. They got me through the darkest period of my life."

Carole was particularly impressed with the Breast Health Patient Navigation Team at Thompson.

"I had a lot of support – wonderful family and good friends. But some patients have nobody. To have a Breast Health Navigator – someone who's going to walk you through the process – it just makes such a difference because you're anxious to begin with. You're scared to death," she said.

Carole and her husband Rob have found some creative ways to support the navigation program.

In December, for example, they hosted a fundraising reception at a performance of Kim Tenreiro's one-man rendition of "A Christmas Carol." Held at Finger Lakes Gallery & Frame in downtown Canandaigua and featuring "Dickensian delights," the event brought several merchants together for the cause, raising nearly \$2,000.

Said Rob, a psychologist who provides research and evaluation consulting to substance abuse and education programs through his company, Evalumetrics Research, "We strive to be involved in events that benefit important organizations like Thompson Health by marshaling the resources of the generous local businesses and individuals in the community."

And the timing of their fundraising reception couldn't have been better, as it qualified for a dollar-for-dollar match though the Sands family/ Constellation Brands matching gift challenge, increasing the value of their gift to nearly \$4,000.



Among the Monroe Wheelchair team members supporting Thompson Health in 2014 were Doug Westerdahl, President/CEO; Nancy Booth, AAC Consultant; Ryan Carbone, Rehab Team Lead/AAC Coordinator; Jennifer Loughner, Director of Public Relations

A Cause Close To Home

Monroe Wheelchair President/CEO Doug Westerdahl and his team of 75 experienced home medical supply professionals charitably support a wide variety of health-related causes throughout the state. None hit as close to home as the Pink Fly Golf Tournament, which raises money for Thompson Health's Breast Health Patient Navigation Program.

"Nowadays, we all know someone who has or who has had breast cancer, and it's always nice to know that your donation will be used so close to home," said employee Nancy Booth, who participated in the Pink Fly for the third straight year and spearheaded a Monroe Wheelchair effort to raise an additional \$1,000 for the cause.

The company held "Jeans Day" every Friday, with employees making a \$5 donation for the privilege of wearing jeans that day. "It was a fun way to raise money and a unique way of getting everyone involved," Nancy said.

Thompson's new Breast Imaging Center will feature a fully accredited Breast Health Patient Navigation Team with a dedicated, full-time patient navigator, serving as the hub for the patient's continuum of care.

The navigator will guide each patient through the healthcare system, offering personalized managed care from the beginning of treatment to conclusion, as well as immediate access to emotional, financial and spiritual support. These patient-centered services will be available to all patients at no additional charge, regardless of their insurance.

"As a health services company, meeting the home medical equipment needs of people across New York State, we're extremely proud to support a worthwhile cause like Thompson's Breast Health Patient Navigation Program," said Jen Westerdahl Loughner, the company's director of public relations. "Sadly, breast cancer has claimed a few of our employees over the years, so we're honored to help this remarkable program in their memory."

Other Programs And Funds, continued

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Rita J. Messersmith says she's proud to be part of Thompson Health.

Demonstrating Loyalty

Rita J. Messersmith finds a great deal of satisfaction in her volunteer role with Thompson Health's Transportation Department.

"My experience with Thompson Health is sheer enjoyment because of my interaction with patients and co-workers each day," said Rita, a retired teacher assistant who lives in Farmington with Jay, her husband of 54 years. "There is an aspect of the Thompson environment that always makes me feel welcome and happy."

It's a feeling she first felt back in 1967 when her infant son needed emergency care.

"The immediate, special, comforting care given to my child was all I needed to convince me that this was a facility I would be loyal to from that time forward," said Rita, the mother of three adult children, with three adult grandchildren and a great-grandchild.

Today, in her retirement, she demonstrates this tremendous loyalty with her generous gift of time, transporting inpatients, outpatients and continuing care center residents to all areas of the hospital campus.

"My genuine interest is to be helpful to people of all ages, and I have always been instinctively aware of people in need of understanding, support and compassion," Rita said, noting that while she is volunteering, she is able to enjoy a special group of peers who have a great sense of humor.

"Thompson Health is not just brick and mortar," she added. "It is caring people who offer comfort and support; it's a place where your needs are met and you can feel safe and secure. I'm proud to be a part of it."

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Honoring a Request

Ann Louise Blazey lived a remarkable life and right up until the end, she was doing what she always did – thinking of others.

"My mother's life at Clark Meadows was very comfortable and secure and she enjoyed every part of it," said her oldest son, Mark, noting that Ann developed many close friends among the residents and staff of the enriched living community operated by Thompson Health.

One of her last requests, just a few hours before she died, was to make sure that each of the 75 staff members at Clark Meadows received a box of Christmas chocolates because she wanted to brighten their holidays.

"It was a request we were happy to honor," Mark said of his mother, who had lived at Clark Meadows

Ann Louise Blazey had a passion for helping others.

since 2011 and enjoyed serving on the Resident Council.

Ann was a talented woman with a passion for helping others. A loving wife, mother of four boys (Mark, Scott, Brian and Brent – all born at Thompson), grandmother, great-grandmother and friend, she was also a successful entrepreneur, airplane pilot, auto mechanic, Sunday school teacher, Cub Scout den mother, ski instructor and PTA board member.

Ann passed away on Sept. 27, 2014 at the age of 86, but her memory lives on within Thompson Health.

"Undoubtedly, Clark Meadows and Thompson Health extended her life," Mark said, "enabling her to see three grandchildren married and one great-granddaughter born."

"Throughout her life, but especially in her later years, my mother received excellent care from the physicians, nurses and other staff at Thompson Health," added Mark, who serves on Thompson's Quality and Safety Committee and co-authored a book on quality health care with former Thompson CEO Linda Farchione Hawks.

Ann knew Thompson was raising funds to support a new Breast Imaging Center. She and her family wanted to lend their support.

"Mom was always there to help, even in her later years," said Mark. "She was overjoyed she could help with the Breast Imaging Center."



(From left) Jeff Fox, Clair Fox, Spencer Peek, Chad Peek, Paul Hines, Ward Lampman, Laura Lampman, Jeff Jensen and Jennifer Jensen are members of the Central New York Classic Cruisers.

Remembering a Friend

Ask Jeff Fox why he decided to spearhead the inaugural Cruisin' for a Cause fundraiser in memory of his good friend, Marty Pierson of Marty's Chop Shop, and you'll get a heartfelt answer.

"The Sands Cancer Center gave me and my family more than hope," said Jeff, who enlisted fellow members of the Central New York Classic Cruisers to organize the fundraiser. Held in June at Torrey Ridge Winery, it raised more than \$1,000 for the cancer center.

"Just about all of us have been touched by cancer in one way or another, so the fundraiser was personal to all of us," Jeff said. "Marty was a very good friend and a big part of the hot rod and custom car world – he was a visionary when it came to customizing cars – and we wanted to keep his memory alive."

And then there's Jeff's dad, Clair Fox, a South Bristol grape farmer who has survived three different forms of cancer.

"All three times the doctors were able to figure out just the right treatment to make the difference," Jeff said. "We're very lucky to have such skilled and dedicated doctors and nurses right here in our community. So when it came time to doing the cruise-in car show, it was very personal for me in more ways than one."

Clair, now 76, continues to tend to his vineyard and spends each winter as a groomer at Bristol Mountain Winter Resort, where he has worked for more than 40 years.

"To me, the Sands Cancer Center means life," said Clair, who's also a member of the car club and helped out at the Cruisin' for a Cause fundraiser. "It's the place that gave me more time to enjoy life and to enjoy the things that a lot of people take for granted. The staff is top notch and very caring and I'm grateful they've given me a chance to enjoy each day as it comes; be it a good day or a trying day, I'm happy to have it."

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*deceased

We have made every effort to print an accurate list. Please contact the F.F. Thompson Foundation at 585-396-6155 with any corrections.



Howard Judd found a unique way to say "thank you" to Dr. Kipling Goh.

Saying Thank You

When Howard Judd received an appeal from Thompson Health asking for a donation to honor his physician on National Doctor's Day, the retired head bus driver at Livonia Central School showed his appreciation with a meaningful gift.

"It's a nice way to say 'thank you," said Howard, who, at 74, says he's fit as a fiddle and sees his doctor – Kipling Goh, MD – only once, sometimes twice a year. "Dr. Goh is more than a doctor. He's extremely knowledgeable, very personable, and he takes a genuine interest in his patients' lives. I consider him a good friend, and I'm honored to make a donation in his name."

Dr. Goh appreciates the sentiment and the financial gesture. "I am flattered and humbled that Mr. Judd made a donation in my name to an institution that I care deeply about," said Dr. Goh, a member of the Canandaigua Medical Group. "Unselfish acts like this reinforce the reason why I enjoy the practice of medicine. Despite the many demands, one can still make a difference, help people, and receive gratitude and recognition in return. To me, that makes it all worthwhile."

A GUIDE TO GIVING

WHY IS YOUR SUPPORT IMPORTANT?

From our beginning as a 32-bed hospital, UR Medicine's Thompson Health has become the center of a continuum of services accessed annually by thousands of patients, residents and vacationers. Today, our 113-bed acute-care community hospital and 188-bed M.M. Ewing Continuing Care Center deliver some of the most advanced care in upstate New York.

Like all not-for-profit health systems in New York State, Thompson needs your help to continue to meet the expectations of individuals who look to us for the best in medical care.

GIVING OPTIONS

CURRENT GIVING

Unrestricted Funds

Unrestricted gifts are used at the discretion of the F.F. Thompson Foundation whenever and wherever the needs of the health system are greatest.

FUND OPTIONS

• F.F. Thompson Foundation's Annual Fund

Restricted Funds

Restricted gifts are used only for the areas designated by the donor.

- **FUND OPTIONS**
- F.F. Thompson Hospital
- Sands Cancer Center
- M.M. Ewing Continuing Care Center

Tribute Gifts

Gifts may be made in honor or in memory of an individual or group and designated to any one of the funds listed above.

- Remember a loved one who has passed
- Recognize an important person for a special occasion (birthday, anniversary, etc.)
- Recognize a doctor, nurse, staff member or volunteer who made a difference in your care

Simply provide us with the name of the individual you wish to recognize. An acknowledgment of your gift will be mailed to the family of the person recognized. The amount of your gift will remain confidential.

In-Kind Gifts

Donations of equipment, furnishings, artwork, etc. are accepted based upon current needs and are at the discretion of the F.F. Thompson Foundation's Director of Development.

Special Events

Support an event through participation, sponsorship, a cash donation or an in-kind donation. Individuals, organizations and groups are also encouraged to hold their own event and share the proceeds with Thompson Health.

PLANNED GIVING

Planned gifts allow donors to leave a legacy through a charitable gift and achieve tax benefits, as well as desired financial and estate planning objectives.

PLANNED GIVING OPTIONS

- Bequests
- Gifts of appreciated stock, bonds, mutual funds or real estate
- Charitable Gift Annuities
- Life Insurance
- Life Estate

WAYS TO GIVE

Making a gift to Thompson Health is now easier than ever. Friends of Thompson have several convenient gift-giving options from which to choose.

One-Time Gift

BY CHECK Made payable to F.F. Thompson Foundation Mailed to: F.F. Thompson Foundation 350 Parrish Street Canandaigua, NY 14424

PAYABLE WITH SECURITIES

The F.F. Thompson Foundation welcomes gifts of appreciated securities. These gifts have two benefits – the standard charitable deduction and avoidance of capital gains tax.

Secure Online Giving

at www.ThompsonHealth.com

Monthly Giving Program

Simply send us a voided check from your checking account and tell us the amount of your monthly gift. We'll debit your checking account on the 10th or 25th day of each month – whichever date is best for you. You can change the amount or cancel at any time.

Pledge Over Time

Donors may pledge a gift over time (up to five years). Payments may be made quarterly, semi-annually or annually.

Whichever method you choose, your tax-deductible gift will be acknowledged and designated to the area of your choice.

For more information about making a gift to Thompson, contact the F.F. Thompson Foundation at 585-396-6155 or foundation@thompsonhealth.com.

• Ferris Hills/Clark Meadows

• Capital Building Projects

• Technology/Equipment



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