



**F.F. THOMPSON
FOUNDATION**

Report on Giving



2016

Our Mission

The F.F. Thompson Foundation, Inc., a not-for-profit organization, is committed to achieving philanthropic support for the services and priority needs of the system's affiliated tax-exempt corporations and to overseeing the management of restricted and unrestricted funds of the foundation.

Our Year in Review

Revenue Sources

\$	111,755	Increase in Fair Market Value of Charitable Remainder Trusts
\$	139,084	Planned Giving
\$	235,245	Investment Income
\$	244,901	Realized and Unrealized Gains
\$	393,516	Grants
\$	881,286	Cash Contributions and Pledges
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\$	2,005,787	Total

Charitable Assets

\$	403,830	Clark Fund
\$	885,229	Ewing Fund
\$	1,040,801	Sands Cancer Center Endowment
\$	3,845,701	Memorial Fund
\$	6,374,771	F.F. Thompson Foundation Endowment
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\$	12,550,332	Total

Funds Raised by Type of Fundraising Activity

\$	64,144	Memorial and Special Gifts
\$	66,733	Capital Campaign
\$	139,084	Planned Gifts
\$	225,000	Major Gifts
\$	252,769	Annual Fund
\$	272,640	Special Event Proceeds
\$	393,516	Grants
<hr/>		
\$	1,413,886	Total

Cover: Erik C. Gifford and Christina D'Agostino, shown with their children Lorenzo and Gianna, are helping ensure a bright future for Thompson Health.

Your Generosity Helps Thompson Thrive

Thanks to you, incredible things are happening within Thompson Health. They're things that might not otherwise be possible, and they're touching countless lives in countless ways.

Your generosity, your creativity, and most of all your belief in the importance of a vital, community-based health system are the reasons UR Medicine's Thompson Health continues to thrive. They're the reasons our patients and residents are safer, more comfortable and better equipped to face any challenges that come their way. When a nurse in our Birthing Center is able to further her education, when a resident of our M.M. Ewing Continuing Care Center has a lifelong wish fulfilled, or when a stroke victim receives timely, life-saving treatment in our Emergency Department, it is indeed thanks to you.

In this report, we celebrate just a few of the many individuals and organizations we are thankful for as we look back on 2016 and reflect upon the ways their contributions manifest themselves. We see it in our Rehabilitation Services Department, where new technology is helping people learn to walk again, and we see it at our Dr. Laurie Sands

and Constellation Brands Breast Imaging Center, where the highest level of care is available, close to home. We see the results of our supporters' generosity in our exceptional senior communities, too, and in the faces of the many volunteers who support our mission, day in and day out.

This mission to continuously improve the health of the residents and communities of the Finger Lakes and the surrounding region receives a tremendous boost through our affiliation with UR Medicine. But with Thompson responsible for its own debt and its own fundraising, and with challenges both known and yet to be determined in the realm of health care, the support from our community is more important than ever.

From a grieving boy who turned his 9th birthday party into an opportunity to raise money for the Sands Cancer Center, to a benefits broker who joined The George Eastman Circle via a five-year pledge, our community is fortunate to have an abundance of people who could choose to support any number of worthy causes and choose Thompson. Thank you for being one of them.



Michael F. Stapleton, Jr., FACHE
President/CEO
Thompson Health



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Vice Chairman/Treasurer, Board of Directors
E.F. Thompson Foundation, Inc.



Dale L. Hunt
Chairman, Board of Directors
F.F. Thompson Foundation, Inc.



Lauren M. Dixon
Secretary, Board of Directors
E.F. Thompson Foundation, Inc.



Michael F. Stapleton, Jr., FACHE



Dale L. Hunt



Wade A. Sarkis



Lauren M. Dixon



Thanks to you...

Patients are Learning to Walk Again

At Thompson Health's lakeside Gala in September, the focus was on having fun, but there was also some serious fundraising going on.

During the five-minute "cash call" alone, more than \$19,000 was raised to support the purchase of the SafeGait® Balance and Mobility Training System for the Rehabilitation Services Department.

The SafeGait is a state-of-the-art device that provides gait and balance therapy to patients recovering from stroke, traumatic brain injury, spinal cord injuries, neurological disorders and amputations as they regain mobility. The technology is currently only available in a handful of hospitals

nationwide and before it even arrived at Thompson, patients who heard it was coming began booking their appointments.

Director of Rehabilitation Services Carole Drake – who spoke to Gala guests prior to the cash call – shared the story of a man who had suffered a stroke and had experienced anxiety over the possibility of a fall during previous physical therapy sessions. "Every time the machine caught him, he gained confidence and pushed himself that much harder," she said, noting the man felt he accomplished more during his first SafeGait session than he ever had in physical therapy before.

Thanks to the support of those at the Gala and additional donors, other patients are benefitting from this innovative

Left: Guests at the Thompson Gala raised their hands to support innovative technology to help people walk again.

Standing L to R: Jennifer Jones, Karen Centonze, John Centonze, MD, James S. Fralick, "Ellie" F. Fralick, Ken "JR" Miller, Bethann Miller, Wendy Barr, James Barr, Robert Lowenthal

Sitting L to R: Randy Farnsworth, Phil Muscato, Jennifer Muscato, Ellen Coyne, James P. Terwilliger, PhD, Carl Sabler, MD

Right: Thompson Health's Rehabilitation Services Department became the first full-time outpatient setting in the state to offer the SafeGait® Balance and Mobility Training System to its patients.

piece of technology as well. Their needs and experiences vary but underscore the impact of donors' generosity.

For example, one woman who underwent an above-knee amputation was struggling with standing and taking steps. She was frustrated with her lack of progress, quickly becoming disillusioned. She agreed to try SafeGait and less than a month later was able to walk – using a walker – without falling.

“The machine helped take my fear away so I could focus on walking,” she said. “I am able to work harder and walk farther because I know it will protect me. I know I wouldn't be as far along in my recovery if it wasn't for SafeGait.”

Ken (JR) and Bethann Miller were among the Gala guests moved by Drake's sharing stories of patients like this woman, and eagerly raised their hands as emcee Doug Emblidge sought support for the new technology.

“We donate during the gala because we feel that it is important to support efforts to make Thompson a state-of-the-art facility. We love that we don't have to travel to Rochester to receive great health care because Thompson puts great health care in our own community.” said Bethann.

Carole says she and her colleagues are grateful to the Millers and everyone else who heeded the call.

“The SafeGait 360 Balance and Mobility Trainer allows the therapists to expand our ability to care for patients with severe orthopedic and neurological impairments. We now have the ability to really challenge the patients, allowing them to achieve goals they never thought they could reach in a safe and more effective way,” she said. “As therapists, we have been able to watch people make amazing gains in strength, mobility, and balance using this innovative technology. We have seen the SafeGait give people hope.”



SafeGait Supporters

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Dr. and Mrs. George Uschold
Ms. Mary Van Bortel
Dr. and Mrs. Ben C. Wandtke
Andrew M. Wensel, MD



Thanks to you...

A Legacy Grew

As a teenager in Canandaigua during the years following the Depression, Bill Rayburn held many jobs. In addition to delivering papers for *The Daily Messenger* and manning booths at Roseland amusement park, he worked at Thompson Hospital, where a portrait of founder and philanthropist Mary Clark Thompson hung on the wall.

As he mopped hospital floors and emptied garbage cans, Bill probably never imagined that one day, “Thompson” wouldn’t be the only benefactor’s name associated with his hometown health system. “Rayburn” would, too.

But first, Bill fell in love with a girl named Peg.

“Mom and Dad knew each other nearly their entire lives,” said daughter Kathy, one of the Rayburns’ five children born at Thompson. “All four of our grandparents worked, and the kids

were told to wait for their mothers after school at the Wood Library. That’s where they first met.”

Their relationship began in earnest the night Bill was on a date with another woman at the Roseland restaurant where Peg waitressed. Near the end of the meal, Peg asked, “Would you like anything else?” and Bill brazenly replied, “Yes, I’d like you.” He paid the tab, took his date home and went back to the restaurant to get to know his wife-to-be.

They were engaged before Bill went off to war in September 1943. After he returned, they married on Aug. 24, 1946.

Bill worked as an auto mechanic at a local dealership and at a gas station before borrowing \$600 from his mother to purchase a Snap-On Tools franchise in 1953. Within a few

Left: Peg and Bill Rayburn supported many local non-profits, including Thompson.

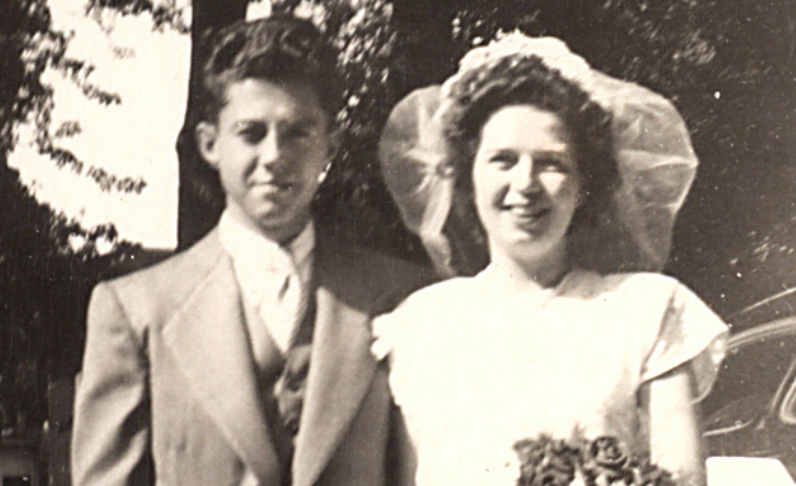
Right: Married following his return from World War II, the Rayburns enjoyed more than 50 years together.



In the end, they touched a lot of people and helped make Canandaigua – and Thompson – a better place.”

Kathy Rayburn

Daughter of Bill and Peg



Planned Giving. You don't have to be wealthy...just willing.

Each year thousands of individuals designate a portion of their assets through a bequest in their wills or directions in their living trusts to benefit charities.

In fact, a planned gift is one of the easiest ways to ensure the greatest and most lasting impact on the future of Thompson Health. It is a simple way to make a significant gift to Thompson without costing you a thing during your lifetime. It won't affect your budget, change your lifestyle or put your family at risk.

In addition to fulfilling your philanthropic goals, planned gifts offer benefits like income-tax and estate savings, avoidance of capital-gain tax on a gift of long-term appreciated property, life income for yourself and/or other beneficiaries, increased cash flow. They may even reduce costs and time in your estate settlement.

Become a partner with Thompson by making a planned gift today.

To learn more about creative ways to enjoy increased personal income and security while providing vital, long-term resources for Thompson Health, contact your financial advisor or the F.F. Thompson Foundation at 595-396-6155.

years, Snap-On recruited him to train other franchise owners and he began his steady climb to company CEO.

When Bill retired in 1988, he and Peg moved back to their hometown from Wisconsin and supported many local non-profits, including the Canandaigua Family YMCA, Sonnenberg Gardens, the Ontario County Historical Society and Happiness House. They often helped fund special projects within the community, like the gazebo at Kershaw Park.

Of course, Thompson Health benefited from the Rayburns' generosity as well.

After Peg had a heart attack in 1996, she was at Thompson for 97 days and Bill barely left her side. "It drove home the idea that he had to do all he could to make sure the institution thrived," Kathy said.

Before Peg passed away in 1997, Bill established a planned gift naming the F.F. Thompson Foundation as the beneficiary of the funds when he passed. It was the largest one-time gift ever received by the health system and it helped bring Thompson's senior communities, Ferris Hills at West Lake and Clark Meadows, to fruition.

Bill lived at Ferris Hills – on Peg Rayburn Drive – for many years. He died in April 2016 at the age of 91.

Kathy and her three surviving siblings still marvel at their parents' accomplishments and remember how the two always credited their upbringing and the support they received growing up.

"In the end," she added, "they touched a lot of people and helped make Canandaigua – and Thompson – a better place."



Thanks to you...

Babies Get a Healthier Start

Research shows mothers who breastfeed have overall lower rates of obesity, breast cancer and ovarian cancer while their babies have lower rates of allergies, asthma, obesity and some childhood cancers.

So it's no surprise Thompson Hospital's Birthing Center is known for its breastfeeding advocacy. In fact, its overall breastfeeding rate is consistently over 80 percent – the highest in the region.

With two board-certified lactation consultants and five certified breastfeeding counselors on staff, The Birthing Center – which in 2016 welcomed 674 babies – needed to enhance its services with the renovation of space for a Lactation Support Suite. Thompson's Foundation knew just whom to turn to: For generations, the members of the Thompson Health Guild have been ardent supporters of the health system, donating nearly \$3 million over the past 30 years alone.

Sure enough, the organization agreed to provide major funding for the suite, which is expected to open later this year. It will provide associates who return to work while continuing

to breastfeed with two private places to pump. In addition, it will include office space for the lactation consultants, private dedicated space for outpatient lactation consults and a small gathering space to host community meetings for breastfeeding moms.

The Guild has made many contributions to The Birthing Center over the years including the Vein Viewer machine to assist with IV access on babies, the Neopuff infant resuscitation machines on every baby warmer and glider-rockers for every patient room. But this contribution is truly special.

"It is the largest donation they've ever made to our unit and we're incredibly excited about it," said Obstetrics Director Deborah Jones. "This is going to be a wonderful addition, a fantastic upgrade for our breastfeeding moms."

According to Guild President Robert Locke, helping out The Birthing Center "is always dear to our hearts."

"It's an honor to lend a hand to the department that delivers the gift of life," he said, "and we're proud of the fact that this donation helps both associates and the general public."

Thompson Health Guild Board of Directors



(Top L to R)

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Not pictured: Tammra Schiller, Jean Seager



Thanks to you...

Nurses Are Celebrated

Grateful for the care Thompson Health nurses provide to patients on a daily basis, Thompson's Medical Staff marked the 2016 Nurses Week with not one, not two but three avenues to express their gratitude.

For starters, this group of physicians, physician assistants and nurse practitioners donated \$2,500 to the F.F. Thompson Foundation for nursing education. Nursing Administration was asked to use this donation in a manner benefitting as many nurses as possible, both within Thompson Hospital and the M.M. Ewing Continuing Care Center.

The medical staff then made a second donation to the Foundation. Also in the amount of \$2,500, this contribution was to be used to help defray nurses' personal, out-of-pocket travel expenses when volunteering alongside members of the Medical Staff who do global, volunteer medical work.

In addition, during the week of May 6-12, 2016, six drawings were held daily, with a total of 42 nurses winning \$50 gift cards donated by the Medical Staff to a variety of local establishments.

Dr. David E. Baum, vice president of Medical Services for the health system, said while it changes a little from year to year, the Medical Staff celebrating Nurses Week is a tradition stretching back nearly 20 years within Thompson.

Hazel Robertshaw, chief nursing officer and vice president of Patient Care Services for the hospital, said having the ongoing respect and support of the Medical Staff means a great deal to the nurses, and it means even more when Medical

Staff members celebrate Nurses Week with such thoughtful gifts in their honor. She cited a note she received from one nurse who provided anesthesia for a Thompson-based surgical team during an "amazing" mission trip to Haiti, where they performed more than 40 surgeries in challenging conditions.

"Through the Medical Staff's support, we get experiences that enrich our nursing here at Thompson and abroad," Hazel said.

Jennifer Hunnicutt, director of nursing at the Continuing Care Center, said Thompson's nurses are fortunate to work in an environment where their contributions are valued.

"Whether they're pursuing professional growth, sharing their skills for a good cause or even enjoying an outing with friends or family after winning a gift card, they know they're supported," she said.

According to Dr. Robert W. Meyer, 2016 president of the Medical Staff, he and his colleagues wouldn't have it any other way.

"We as the Medical Staff know that the delivery of health care is a team effort. The top-notch care that our nurses at Thompson provide is the keystone of this process. It's definitely something to celebrate," he said.

"We celebrate this through the support of nursing education and charitable outreach programs. And we share with them some small tokens of our appreciation," Dr. Meyer added. "We want our nurses to know that we acknowledge their efforts and their commitment and respect the sacrifices that they make."

Thompson Health Medical Staff Members show their appreciation for nurses each year. From left to right are Medical Staff President Dr. Robert W. Meyer, Medical Staff Vice President Dr. Vijay Bansal, Chief of Diagnostic Imaging Dr. Ben Wandtke and Dr. David E. Baum, Senior Vice President of Medical Services.



We want our nurses to know that we acknowledge their efforts and their commitment and respect the sacrifices that they make."

Dr. Robert W. Meyer
2016 President of the Medical Staff



Thanks to you...

Patients Can Get Immediate Diagnoses, 24/7

It's been said of rummage sales that one should never underestimate the power of someone with a newspaper, a map and a wallet full of small bills on a Saturday morning. Indeed.

Just ask the Diagnostic Imaging Department at Thompson Hospital, which has a new, state-of-the-art piece of lifesaving equipment thanks in part to the women of the Canandaigua American Legion Auxiliary and their annual Rummage Sale.

The sale is the organization's biggest fundraiser of the year. In the past, event chairperson Jeanne Stahl said, they've donated the proceeds to charitable groups never knowing exactly how it was spent.

"This time I thought, 'Wouldn't it be nice if we targeted a local charity and chose a specific purpose?'" she said.

So Jeanne approached the F.F. Thompson Foundation. She requested a list of needs, finding the need for a second CT scanner most compelling.

Like most community hospitals, Thompson previously had just one CT scanner, but there were times when it was in use for a procedure and a patient would arrive in the Emergency Department with a suspected stroke. Seconds count, with just a three- to four-hour window in which the clot-busting drug tPA can be used to prevent a certain kind of stroke from causing serious, irreversible damage and long-term disability.

But it's not only stroke patients who benefit from the new CT scanner, according to Dr. Ben Wandtke, chief of Diagnostic Imaging for Thompson.

"Physicians in all specialties rely upon immediate access to this type of technology to detect and monitor complex, time-sensitive conditions," he said, noting the scanner is used to detect and monitor conditions like cancer, heart disease and lung disorders; pinpoint the location of tumors, infections, and blood clots; diagnose muscle and bone conditions; and locate internal injuries and bleeding.

The auxiliary has supported various other causes at Thompson in the past, but assisting with the purchase of the CT scanner is something they are especially proud of. Now, with a second CT scanner dedicated to emergencies, Thompson patients can get an immediate diagnosis, 24/7.

"Helping others, supporting our veterans and contributing to such wonderful community facilities like Thompson Health is what the ladies auxiliary is all about," said Jeanne, a 60-year member of the organization.

"It's important that people recognize and appreciate the role Thompson plays in the community," she added, "and it's just as important that people continue to see all the good that results from giving back."

From left: Debbie Skivington, Florence Trumbull, Jeanne Stahl, and Barbara Saar, members of the Canandaigua American Legion Ladies Auxiliary, coordinated a successful rummage sale to help purchase a new CT scanner at Thompson.



It's important that people recognize and appreciate the role Thompson plays in the community, and it's just as important that people continue to see all the good that results from giving back."

Jeanne Stahl
Canandaigua American Legion Auxiliary



Thanks to you...

Cancer is Caught Earlier

Ninety minutes. That's how long it took the Canandaigua Rotary Club to raise \$4,500 for Thompson Health's Dr. Laurie Sands and Constellation Brands Breast Imaging Center.

The occasion was the annual Past Presidents Day, during which former club leaders attend a luncheon meeting and each get a minute to mention the highlights of their tenures. Next, members contribute to the charity chosen by the former presidents.

Past President Mary Green said designating the breast imaging center as the 2016 charity was an easy decision considering several Rotarians and/or their spouses – including Mary herself – were diagnosed last year with breast cancer.

"I was not the one who came up with the idea, but I was elated when it was suggested," said Mary, who was diagnosed with Stage I breast cancer in April 2016 and credits Thompson's state-of-the-art equipment with catching her cancer early.

The former New York State Trooper, who retired as a senior investigator in 1999 after nearly 22 years wearing the badge,

said Thompson's 3D imaging was crucial in the early detection of her cancer.

"Because of Thompson Health and the breast imaging center, I am a breast cancer survivor," she said. "Thanks to the additional screening the cancer was found in its early stages and it fortunately did not affect the lymph nodes."

Mary and her fellow Rotarians appreciate the vital role Thompson Health plays in the community and are always eager to pitch in.

"We raised \$4,500 in a matter of 90 minutes and that's a testament to the generosity and dedication Rotarians exhibit each and every day," she said. "We all recognize the importance of having a state-of-the-art health facility conveniently located right here in Canandaigua, and we're blessed to be able to help."

Donating to the breast imaging center was an easy choice for Canandaigua Rotarians including (from left) Ellen Polimeni, Joe Delforte, and Mary Green.

“

Because of Thompson Health and the breast imaging center, I am a breast cancer survivor.”

Mary Green

Former Rotary Club President



Thanks to you...

Thompson Saves Hundreds of Thousands

Manning the information desk three days a week at the very busy Constellation Center for Health and Healing, Eugene “Gene” Marrapese is part traffic cop, part telephone operator and all ears.

“You have to be a good listener because when you’re dealing with the public, especially in a hospital setting, you can expect anything – and any kind of question,” said the 82-year-old U.S. Navy veteran, who has logged more than 11,000 hours volunteering for Thompson Health over the past 19 years.

Volunteers like Gene don’t just help patients and visitors. They help Thompson’s bottom line.

In fact, in 2016 alone, the health system’s more than 200 adult volunteers and the summer “volunteens” gave nearly 30,600 hours of their time. The estimated total savings? Well over \$700,000.

Gene, who lives in Middlesex, finds volunteering gratifying on a couple of levels. It keeps him busy, and he simply loves to help people. It also fulfills a promise he made to himself back in 1980 when his appendix ruptured and he spent 34 days in Geneva General Hospital.

“The nurses called me ‘Miracle Man’ because I was supposed to die,” he said. “Well, I didn’t die, but I was very, very lonely. Anybody who came into the room to talk – even for a few seconds – lifted my spirits. That made a connection with me and that’s when I made up my mind to volunteer at a hospital when I retired.”

After Gene retired as a floor manager for K-Mart in 1996, he took it easy for a year. But it wasn’t easy doing nothing.

“I don’t like to sit around,” he said. “I knew I had to do something. So I decided to volunteer one day a week at Thompson. But that wasn’t enough, so I picked up a second day and then a third.”

Now, volunteering is an integral part of his life. He even met his companion of 16 years, Cheryl Dony, when they both were transport volunteers.

“I get a lot of satisfaction helping people out,” said Gene. “It gives me a good reason to get up in the morning and I feel so much better about myself that I’m not just sitting at home watching TV.”

Eugene “Gene” Marrapese and Shirley Miller are among those whose volunteer service saved Thompson Health more than \$700,000 in 2016.



Through it all, Thompson has been very, very good to me. Fabulous, even. It’s a place where I feel right at home, where everyone is treated just like family.”

Shirley Miller

Volunteer at Thompson Health since 1995

Shirley Miller has logged more than 11,000 volunteer hours at Thompson Health since 1995, a milestone noted in the local newspaper last year. But the humble, behind-the-scenes helper was truly surprised by the fanfare.

“Oh my goodness – I couldn’t believe the response,” said Shirley, Ontario County’s retired director of purchasing. “People were congratulating me for a month. I got notes from people I hardly know who complimented me on my number of hours.”

To Shirley, however, 11,000 is just a number. After all, “volunteering has so much to offer.”

“I’m a widow. I live alone and this is one of my ways to get out of the house, meet people and make new friends,” she said. “More importantly, I’m giving back to a wonderful community and to a health system that has been very good to me and my family.”

Shirley’s connection to Thompson goes back to the day she was born at the original location on North Main Street. Her late husband, Jim, was born at Thompson, too. So were four of their five children. Over the years, the kids made occasional trips to the Emergency Department and one, Sue, later worked as a nurse in the hospital. Shirley had her hip replaced at Thompson and did her rehabilitation at its M.M. Ewing Continuing Care Center. She enlisted her parents to serve as Thompson volunteers with her. Sadly, Thompson was also where one of her sons passed away.

“Through it all, Thompson has been very, very good to me. Fabulous, even. It’s a place where I feel right at home, where everyone is treated just like family,” said Shirley, whose volunteer responsibilities include dispatching volunteers and helping out in the Corporate Communications office.

Thompson is not the only beneficiary of Shirley’s generous nature. She’s a member of the Thompson Health Guild, having served terms as president and treasurer. She also volunteers at the Cheshire Fire Department and at the St. Vincent DePaul Clothing Room in Canandaigua.

No matter where or how she is helping, Shirley considers volunteering a labor of love.

“I really don’t understand why more people don’t do it,” she said.

And she’s right - you truly can’t put a number on that kind of selfless dedication.

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A Leader Sets a Shining Example



Donna Turner likes to set a good example for her colleagues within Thompson Health.

A natural leader who was born and raised in Canandaigua, Donna started as a housekeeper at Thompson in 1990. Over the years, she has received the highest honor awarded to Thompson associates – a Shining Star – three times.

Now an Environmental Services supervisor overseeing more than 30 associates, she does all of the same tasks she asks her team to do, exudes a positive attitude and stresses the importance of balancing work and family life.

But her good example doesn't end there. Donna was also one of the 300 associates who contributed to the

E.F. Thompson Foundation's 2016 Associate Annual Giving Campaign.

Collectively, they raised a total of more than \$40,000 to fund items that improved their work-life or the quality of life for patients and residents. "It is wonderful to actually see how our donations are being used," said Donna.

In this past year alone, the Associate Campaign has funded a blanket warmer for Mammography, CPR training mannequins for Associate Services, IV training arms for the Lab and much more.

While some associates make a one-time gift or use payroll deduction to support the campaign, Donna chooses the option of donating paid time off (PTO). She does so not only out of a sense of loyalty and dedication to her employer, but as an acknowledgment of the respect and the above-and-beyond treatment she and her family have received.

"When my mom died of breast cancer five years ago, the nurses were absolutely wonderful – one of a kind. Before she passed, my department manager made it easy for me

to come and go in order to take care of her," she said. "Then my dad died two weeks later. Again, Thompson was there for me, and I'll always be grateful."

"To me, Thompson is truly family," Turner added, noting that she feels like a mom to a lot of her crew, and knows many of them follow her lead in supporting the Associate Annual Giving Campaign.

"That makes me very happy," she said. "It's very gratifying to know that I can have that kind of impact."

Donna Turner and fellow Thompson Health associates collectively raised more than \$40,000 during the 2016 Associate Annual Giving Campaign.



Thompson was there for me, and I'll always be grateful."

Donna Turner
Environmental Services Supervisor

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Exceptional Care Thrives

More than 80 years after his death, the legacy of Eastman Kodak founder George Eastman continues to thrive, and Patrick Coleman is among those nourishing its growth. A benefits broker, Coleman in 2016 joined the George Eastman Circle, a leadership giving society created by the University of Rochester 10 years ago. Collectively, its nearly 4,900 members have donated more than \$80 million by making five-year, unrestricted pledges to funds representing their greatest passions.

With more than 200 funds to choose from for an annual gift of \$1,500 or more, Patrick chose Thompson Health. “Every community needs a great hospital it can rely upon for quality care and medical services. We have that in Thompson Hospital, which is unique in that it provides excellent care while maintaining the feel of a community hospital,” said Patrick, who was born at Thompson and lives in Victor with his wife Kelly and their sons Evan and Andrew.

George Eastman Circle members enjoy a host of benefits, including invitations to select events and lectures, special access to the George Eastman Circle Hospitality Suite during

Meliora Weekend, networking opportunities with other members and updates on major University news, as well as recognition on Honor Roll listings and at University events. Annual Fund gifts made through the George Eastman Circle provide unrestricted, current-use resources giving Thompson the flexibility to respond quickly to new opportunities and unexpected needs. These generous gifts help strengthen the health system’s primary and secondary care services as well as upgrade and enhance medical technology. They also attract and retain the best clinical staff.

Patrick appreciates the convenience of the George Eastman Circle, as well as the ability to help shape the future of the region, for his family and for other families as well.

“Thompson really stands out in providing a higher level of care,” he said, “and Kelly and I are proud to help that level of exceptionalism continue.”

Patrick Coleman, shown with his wife Kelly, was born at Thompson Hospital.



Thompson really stands out in providing a higher level of care, and Kelly and I are proud to help that level of exceptionalism continue.”

Patrick Coleman
George Eastman Circle member

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Heartache is Turned Into Hope

When Erik C. Gifford and Christina D'Agostino made their 2016 United Way contribution, they chose Thompson Health as the designee. Both are passionate about helping others appreciate Thompson for what it is: a top-notch medical facility that retains a warm, personal touch.

"Thompson Health is a huge asset to the Canandaigua community, but one I feel often goes unrecognized and underappreciated," said Erik, an IT systems administrator at G.W. Lisk, whose wife, Christina, is a nurse practitioner in the Department of Vascular Surgery at UR Medicine. "Too often people, including myself, don't truly appreciate the institution and the services it and its people provide until personally affected in a time of need."

Erik and Christina's time of need occurred when their daughter was stillborn last spring, seven weeks before the due date.

"Our greatest fears, everything we thought too horrible to possibly happen, played out before our eyes," said Erik. "That day was truly the most gut-wrenching and emotional experience of our lives. Christina had to go through full labor to deliver our beautiful daughter who had already left this world. But in all of that, the support we received from

every member of the Thompson staff we interacted with was unparalleled, and provided an example of just how great people can be. Every moment we were at the hospital, the staff was there for us. Even after the surreal experience of leaving the hospital, no longer expecting but without our baby, the Thompson team reached out to us to see if there was anything we needed."

Despite the heartache, Erik and Christina remain optimistic and forever appreciative. Both Lorenzo, 6, and Gianna, 3, were born at Thompson, which Christina likens to "a caring extension of one's own family."

"Whether it's in a tragic situation requiring medical attention or a joyous moment of welcoming a healthy child to the world, every member of the surrounding community deserves to have this level of excellence available so close to home," she said.

And Erik noted anyone can help ensure a bright future for the health system.

"By each just giving what we can, no matter how insignificant it might seem," he said, "collectively we can make a huge difference."

Christina D'Agostino and Erik C. Gifford are grateful for the services and support Thompson has provided in times of both joy and sadness.



The support we received from every member of the Thompson staff we interacted with was unparalleled, and provided an example of just how great people can be.

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Donna Turner

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A Legacy of Quality is Supported



For more than a decade, Dr. Gary Kochersberger worked side by side with Sharon Pepper, the longtime administrator of the M.M. Ewing Continuing Care Center.

An effective leader, Sharon was also an effective delegator who held her staff accountable in order to ensure the best outcomes for residents, according to Dr. Kochersberger, the former Medical Director for Senior Services within Thompson Health. He said, "Sharon's leadership transformed the 'Thompson Nursing Home' into an extended care facility offering a full array of services, from rehabilitation to hospice care."

As the colleagues became friends, Dr. Kochersberger developed a deep admiration for the woman he describes as "a towering figure in many ways." "I was always struck by her

self-confidence and engaging personality, complemented by her great sense of humor, often self-deprecating," he said.

To Dr. Kochersberger, Sharon embodied and continually acted on the core values of Thompson Health "and I think even to the most cynical eyes, her beliefs were always felt to be very sincere."

Through Sharon's efforts, the doctor said, she helped foster a greater respect for geriatrics and for long-term care in particular, highlighting the valuable service it provides to the healthcare continuum.

Yet devoted as she was to her work, Sharon was also extremely dedicated to members of her family. Dr. Kochersberger believes her experience as a caregiver and advocate for them helped shape her excellence as a leader who mentored many healthcare professionals over the years.

After Sharon died unexpectedly in March 2016, there were nearly 50 memorial contributions to the Continuing Care Center, and Dr. Kochersberger's was one of them.

While donations to the "CCC" sometimes support new equipment, recreation therapy or palliative care, for example, he had in mind the Wish Upon a Star program Sharon founded a year before her 2011 retirement. It gives residents the opportunity to realize a personal goal, in spite of often significant physical limitations.

"I hope my gift and others directed to the CCC will support programs like this as well as support future programmatic development continuing Sharon's legacy of quality senior care for this community," he said.



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Dr. Gary Kochersberger
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I hope my gift and others directed to the CCC will support programs like this as well as support future programmatic development continuing Sharon's legacy of quality senior care for this community."

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It's important that people recognize and appreciate the role Thompson plays in the community and it's just as important that people continue to see all the good that results from giving back."

Jeanne Stahl

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Thanks to you...

Gifts Given Out of Love Comfort Others

On the outside, Jackson Fiorentino is a typical 10-year-old. The Canandaigua boy loves playing sports, using his iPad, watching the Green Bay Packers and beating his little brother at video games. On the inside, though, he's something really special – a youngster who thinks of others first.

A great loss sparked Jackson's philanthropy. He and his grandmother, Jean Fiorentino, were very close. After school, he and his little brother, Ryder, would take the bus to her house where they'd have a snack, watch TV and play cards. Often, Jackson would go there on weekends just to sit and talk with Jean.

When she passed away last year, Jackson was devastated. Jean had survived cancer twice in a 10-year period, but a sudden stroke and her death three days later happened so quickly that Jackson had difficulty understanding why she had been taken away.

The idea of making a donation in his grandmother's name came about when Jackson overheard his

grandfather, Frank, talking about donating to the Sands Cancer Center all the money the family received in condolence cards. With his 9th birthday party just a few weeks away, Jackson came up with a plan: He made 15 invitations and included a note asking all his friends to give him \$10 – instead of a gift – to donate to the cancer center in memory of his grandmother.

"This was a huge sacrifice for him," said his mom, Melissa. "But at age 9, he said he had everything he needed and he really wanted to do something in his grandma's name."

Jackson still misses his grandma, but his philanthropic efforts helped him deal with his grief.

"It felt good doing it because I loved her," Jackson explained, "and I just wanted to help other people who have cancer."



Among the more than 300 guests at Thompson's Sept. 9 gala—one of many Foundation events—were, left to right, Bobbie Weterrings, Michele Meyer, Dr. Robert W. Meyer, Diane O'Shaughnessy and Jacqueline Snyder.



The Thompson Health Community is Remarkable

Each year, representatives of the F.F. Thompson Foundation are fortunate to partner with individuals, families and local organizations to enhance the programs and services the health system is able to offer the community.

From car shows, to golf tournaments, to bicycle tours and everything in between, special events organized with these community partners are an important – and fun – component of helping support Thompson financially. In fact, in 2016, they accounted for a collective \$272,000 in proceeds.

Some events on the Foundation's calendar are brand new, while others have been around for several years. Some are large, drawing hundreds of people, while others are smaller in scale. All have a common thread, and it's that the cause benefitting from the proceeds is near and dear to the organizers' hearts.

"It's always gratifying to meet with the individuals behind our events," said Director of Development Anita Pietropaolo. "They are so passionate about Thompson and about helping others through Thompson, and their passion inspires all of us to do whatever we can to make the events a success."

While some of the longstanding events often stick with tried and true plans that have proven effective, some of the newer ones start with an idea, followed by some serious brainstorming and a little experimentation.

"People will often come to the Foundation with an idea of what they would like to see happen, and we're able to share our experiences from over the years to put together a plan," Anita said. "No matter what the event entails, we love getting out there and meeting the people whose lives are impacted by Thompson."

It's always gratifying to meet with the individuals behind our events. They are so passionate about Thompson and about helping others through Thompson, and their passion inspires all of us to do whatever we can to make the events a success."

Anita Pietropaolo
Director of Development

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Mary Green

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Support Rolls in for Patients

The old saying is that bowlers are people who have talent to spare, but what they also have – in Canandaigua, at least – is plenty of compassion.

For the eighth year in a row, Roseland Bowl and members of the Canandaigua USBC Bowling Association held their Bowl for the Cure in 2016 and for the eighth year in a row, they bowled everyone over with the results.

A few months after the February 2016 event, organizers presented a check for approximately \$20,500 to Thompson for its Breast Health Patient Navigation Program at the Dr. Laurie Sands and Constellation Brands Breast Imaging Center.

In fact, more than \$130,000 has been donated to Thompson since the event's inception in 2009.

Sonja Personale, president of Canandaigua USBC (United States Bowling Congress), said the group has always been motivated by the fact that so many people they know have battled or are battling breast cancer. Hearing of how their event has impacted people in the community over the years only reinforces the group's commitment.

Pictured left to right: Patricia Giampa, Roberta Spezzano, Karen Schantz, Emily Pratt and Kristina Black.



Families' Tournament Finishing Strong

As they closed in on nearly 20 years for the annual Yarger Memorial Golf Scramble, members of the Yarger and Kay families were going strong in their efforts to support Cardiac Rehabilitation at UR Medicine's Thompson Hospital.

Held in memory of loved ones who lost their lives to cardiac illness, the 19th annual scramble, in June 2016 raised \$12,000. This brought the total net proceeds from the tournament – over the years – to \$187,000.

The final Yarger Memorial Golf Scramble is scheduled for June 10, 2017. Tournament co-founder and co-chair Bill Yarger said the Kay and Yarger families will be forever grateful for the community's support.

"This year is particularly bittersweet in that it is the last tournament and our co-founder, George Kay, passed away last year and will not be able to see its finish," he said. "We have been blessed to have such a fantastic facility at Thompson and it will continue to have our support."

Pictured left to right: Bill Yarger, Nolan Yarger, Greg O'Connor and Andrew Wright.

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I get a lot of satisfaction helping people out. It gives me a good reason to get up in the morning and I feel so much better about myself that I'm not just sitting at home watching TV."

Gene Marrapese
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'Much More Than a Golf Tournament'

Women who share a passion to help those less fortunate immerse themselves each year into the Ladies' Pink Fly Golf Classic at Victor Hills Golf Club.

"We spend a day together and celebrate life, and each other. We leave everything else behind and live from the heart. We care about each other and support each other. It's really much, much more than a golf tournament," said event organizer Nancy Alexander.

Held June 4, 2016, with 144 golfers, the annual tournament raised approximately \$11,400 for the Breast Health Navigation Program offered by Thompson Health at its Dr. Laurie Sands and Constellation Brands Breast Imaging Center.

Since its inception 14 years ago, Pink Fly Golf has raised approximately \$82,000 for the breast health programs at Thompson. The tournament has grown over the years, simply by word of mouth.

"We value each and every participant – volunteer and golfer. We treat each other with care and respect," Alexander said. "And we have fun! That, in fact, has not changed."

Alexander and others involved in Pink Fly Golf feel fortunate to have the F.F. Thompson Foundation as a partner year after year.

"We share the same passion and are so thankful to be part of such a fabulous team that will do all it can to support breast cancer efforts and specifically the Breast Health Navigation Program," she said.

"To all the warriors out there fighting the fight," Alexander added, "you are not alone."

Pictured left to right: Dawn Priolo, Liz Pfaff, Lisa Feock and Lisa Adams.



People 'Make the Difference' in Tour de Thompson

Every July, bright and early on a Saturday morning, Thompson Health Physical Therapist Dudley Hallstead and a small army of volunteers descend upon Onanda Park in the town of Canandaigua to set up for the annual Tour de Thompson.

Soon, bicyclists from all over the region – and sometimes out of state – begin arriving for the annual ride. The bicycle tour funds Thompson Health Rehabilitation Services' "Aftercare Program," which allows patients who have established a program in the clinic to continue to use the equipment once discharged from formal therapy.

The 2016 tour raised approximately \$3,200 for the Aftercare Program. To date, the Tour de Thompson has raised more than \$38,000.

Dudley witnesses the results every day when he comes to work. "People who are able to work out and keep the gains they made in therapy are able to remain in their homes, interacting with their community," he said.

The 2017 Tour de Thompson is set for Saturday, July 29.

Pictured left to right: Steve Fisher, Terry O'Brien and Matt Nau.

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It felt good doing it because I loved her, and I just wanted to help other people who have cancer."

Jackson Fiorentino

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Why Is Your Support Important?

From our beginning as a 32-bed hospital, UR Medicine's Thompson Health has become the center of a continuum of services accessed annually by thousands of patients, residents and vacationers. Today, our 113-bed acute-care community hospital and 188-bed M.M. Ewing Continuing Care Center deliver some of the most advanced care in upstate New York.

Like all not-for-profit health systems in New York State, Thompson needs your help to continue to meet the expectations of individuals who look to us for the best in medical care.

Giving Options

Current Giving

UNRESTRICTED FUNDS

Unrestricted gifts are used at the discretion of the F.F. Thompson Foundation whenever and wherever the needs of the health system are greatest.

Fund Options

- F.F. Thompson Foundation's Annual Fund

RESTRICTED FUNDS

Restricted gifts are used only for the areas designated by the donor.

Fund options

- F.F. Thompson Hospital
- Ferris Hills/Clark Meadows
- Sands Cancer Center
- Capital Building Projects
- M.M. Ewing Continuing Care Center
- Technology/Equipment

TRIBUTE GIFTS

Gifts may be made in honor or in memory of an individual or group and designated to any one of the funds listed above.

- Remember a loved one who has passed
- Recognize an important person for a special occasion (birthday, anniversary, etc.)

- Recognize a doctor, nurse, staff member or volunteer who made a difference in your care

Simply provide us with the name of the individual you wish to recognize. An acknowledgment of your gift will be mailed to the family of the person recognized. The amount of your gift will remain confidential.

IN-KIND GIFTS

Donations of equipment, furnishings, artwork, etc. are accepted based upon current needs and are at the discretion of the F.F. Thompson Foundation's Director of Development.

SPECIAL EVENTS

Support an event through participation, sponsorship, a cash donation or an in-kind donation. Individuals, organizations and groups are also encouraged to hold their own event and share the proceeds with Thompson Health.

Planned Giving

Planned gifts allow donors to leave a legacy through a charitable gift and achieve tax benefits, as well as desired financial and estate planning objectives.

Planned Giving options

- Bequests
- Charitable Gift Annuities
- Gifts of appreciated stock, bonds, mutual funds or real estate
- Life Insurance
- Life Estate

Ways To Give

Making a gift to Thompson Health is now easier than ever. Friends of Thompson have several convenient gift-giving options from which to choose.

ONE-TIME GIFT

By Check

Made payable to:

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Mailed to:

F.F. Thompson Foundation

350 Parrish Street

Canandaigua, NY 14424

Payable with Securities

The F.F. Thompson Foundation welcomes gifts of appreciated securities. These gifts have two benefits – the standard charitable deduction and avoidance of capital gains tax.

SECURE ONLINE GIVING

at www.ThompsonHealth.com

MONTHLY GIVING PROGRAM

Simply send us a voided check from your checking account and tell us the amount of your monthly gift. We'll debit your checking account on the 10th or 25th day of each month – whichever date is best for you. You can change the amount or cancel at any time.

PLEDGE OVER TIME

Donors may pledge a gift over time (up to five years).

Payments may be made quarterly, semi-annually or annually.

Whichever method you choose, your tax-deductible gift will be acknowledged and designated to the area of your choice.

For more information about making a gift to Thompson, contact the F.F. Thompson Foundation at 585.396.6155 or foundation@thompsonhealth.com.

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